

Please join nationally trained child care health consultant, Dr. Mae Kyono, for  
**HOT TOPICS, 2013**



**Early educators and child care providers! Childhood obesity is such an important issue requiring immediate action. You can support our youngest children and their families. Learn evidence-based strategies to prevent this epidemic!!**

Please join us:

- for information on what is happening in Hawaii
- to become familiar with Hawaii 5210 and learn how you can do your part!
- to understand how to incorporate these principles on a daily basis
- to receive useful resources and help educate your children and parents

There are 3 dates for this Hot Topics seminar from which you can select. The curriculum for each seminar is the same, so select the date, time and location that is most convenient for you.

***Hawaii 5210... Let's Go!* Seminar dates are:**

**Thursday, February 7, 2013—6:00pm to 7:30pm**  
**Shriners Hospital for Children**

1310 Punahou Street, Honolulu HI 96826  
Education Center—Mauka & Makai Rooms

A light dinner will be provided\* - Please RSVP by Noon on 2/4/13  
Limited complimentary parking is available in the Shriners lot—please carpool if possible.  
Shriners Hospital for Children is a totally smoke free facility.

**Wednesday, March 13, 2013—Noon to 1:30pm**  
**Windward Oahu PHN Conference Room**

45-691 Kea`ahala Road, Kaneohe HI 96744

Lunch will be provided\* - Please RSVP by Noon on 3/8/13

**Monday, May 20, 2013—Noon to 1:30pm**  
**Mililani Missionary Preschool**

95-801 Kipapa Drive, Mililani HI 96789

Lunch will be provided\* - Please RSVP by Noon on 5/14/13

**Reserve your space today:**

\*Please let us know if you have dietary restrictions or need special accommodations.

Contact Kathryn Sthay or Sharon Taba via email or phone:

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