

## DHS Approved Safe Sleep Trainings

All DHS licensed and registered Family Child Care (FCC) home providers and infant and child care centers, as well as any group child care homes operating demonstration projects, that are permitted to accept and care for children less than one year of age, must have all employees, household members, and volunteers complete upon hire and on an annual basis training in safe sleep practices that is approved by DHS.

The current list of DHS approved Safe Sleep trainings are:

### Online training:

CypherWorx: SIDS and Safe Sleep (CDA 1)

<https://rise.articulate.com/share/TIfSedf0Q6wL8HUlp2WHjHeceY1e2L5T#/>

Safe Sleep Practices for Caregivers: Reduce the risk of SUID

<https://extension.psu.edu/programs/betterkidcare/lessons/safe-sleep-practices-for-caregivers-reduce-the-risk-of-suid>

Safe Sleep: Reducing the Risk of Sleep-Related Infant Death in Child Care, Texas A&M Extension Online

<https://agrifilearn.tamu.edu/s/product/safe-sleep-reducing-the-risk-of-sleeprelated-infant-death-in-child-care/01t4x000002ciKsAAI>

Self-paced online safe sleep training and webinars offered:

<https://www.patchhawaii.org/train-with-patch/>

Any of the following trainings will meet the safe sleep requirements:

- Class #518 – Safe Sleep in Child Care
- Class #506 – Health, Safety, & Nutrition
- Class #514 – Addressing Hawaii’s Environmental Standards

Note: If a caregiver who previously completed an online training retakes the course the following year, a **new** certificate must be provided with the current date the training was completed to count towards the annual safe sleep training requirement.