WHO WILL HELP ME?

Parents, teachers, school and Ho`opono counselors and social workers want to help. Remember that YOU are the key person on this team!

If you qualify for vocational rehabilitation services, a Ho`opono counselor will meet with you while you’re still in high school.

Your Ho`opono VR Counselor could help you:

- Choose a job goal and the services you will need
- Get quality blindness services
- Prepare for the job interview
- Find a job and fill out applications
- Make sure you are doing well on the job
- Meet other successful blind mentors
WHAT IS TRANSITION?

Transition is a process, a time of change. You will be making a “transition” from high school into adult life.

WHEN SHOULD I GET STARTED?

You can register with Vocational Rehabilitation at the age of 14. At this age, it allows time to learn about jobs, training and your abilities.

HOW DO I GET STARTED?

Transition planning begins at the IEP (Individualized Educational Plan) meeting. These meetings are held once a year and are usually scheduled by your Transitional Counselor or Care Coordinator. It is very important for you to attend these meetings.

Be ready to:

- Talk about your visual impairment, and how to build your skills in order to compete in college and work.
- Talk about the classes you’re taking now and want to take the next school year.
- Explore opportunities for paid work during the summer.
- Give ideas of what kind of job you would like to do after you graduate.
- Ask questions about jobs, training, tutors, paying for school, etc.

Questions you might consider:

- What do I want to do after I graduate from high school?
- Where will I be living?
- How will I support myself?
- Should I go to college or look for other training?
- Should I get a job? What kind of job do I want? What skills do I need in order to get hired?
- How do I look for a job? How do I fill out an application form?
- How will I get to school or work?

WHY SHOULD I PLAN FOR MY TRANSITION?

Transition planning will help you to plan for your life after graduating from high school. You can explore your options so you can make the best decision.

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