

Building Connections

A Newsletter for Resource Families

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January 2016

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Celebrating the Children of Our Future

By Flecha Tovar Ms. Hawai'i America 2015

On December 6, 2015, I was honored to co-emcee Family Programs Hawai'i's Annual Holiday Party at the Blaisdell Center on O'ahu. It was an experience that genuinely touched and inspired me. My platform in my reign as Ms. Hawai'i America 2015, is foster children awareness. This is a very personal thing for me since I was in foster care as a child as was both my mother and father. I have also fostered several children in my home.



The holiday party was a lot bigger than I had anticipated.

I agreed to co-emcee for the first time and was stunned at the fact that over 2000 people attended. Having a fear of public speaking, I knew I had to draw on my courage and get on stage. You see, I'm still that "little Flecha" inside. I was so confused during my childhood experience in foster care. At the young age of 6, it was the first time I realized how unstable my life was. It took a great deal of my confidence away and I felt I didn't have a safe, stable, and secure place in the world. So, what do you do when you have such a deep, underlying fear? Well, you take a deep breath and tell yourself, "The ONLY person who can stop you from doing anything is yourself!" And so I went on stage and began to speak.

It is a great feeling when you conquer the challenges life gives you. It helps you grow and you start to unveil the strength and courage you never knew was there all along. This is why I wanted to be a part of this newsletter. I felt ashamed of my circumstances growing up, but now, I want people to know my story. I have come a long way from being that scared little girl. Don't get me wrong, she is still there. I still get very nervous and shy, but I am stronger and more confident now! I believe in myself. I wanted to feel that I was worthy of anything that I wanted, and I knew that if I didn't try, I would regret it. So, to the children of today who are in my previous circumstance, I want them to see by example that you really can make your life whatever you want it to be!

At the event, I spent a lot of the day welcoming guests, taking pictures, and spending time with the children. We played games, danced, and talked story. I met a few children whose feelings I could relate to and I had to take a few breaks to compose my strength. One encounter specifically left me so grateful. I met a little girl who was there with her older brother. I could see the girl was very shy and I recognized and related to her reservation to look at me. I tried talking to her and her brother said, "She doesn't really speak much. She is ashamed." I was surprised to hear him use that word to describe her. (That says a lot right there if you really think about it, doesn't it?)

Being all too familiar with that feeling, I replied, "That's quite alright. When I was her age, it hurt to look at people and I barely spoke. But guess what? Look at me now." At that moment, I knew that little girl could feel I really understood her. She lifted her head slowly and, with a smile, she came over to me and gave me a hug. That was a small, brief moment, but it left me with such joy because that moment is exactly what I was hoping for.

You see, the children are our future. The philosophies of life that we teach them at a young age can truly change the course of their lives. It is up to us to be the example of love, compassion, understanding and faith especially during such scary times for them. We are going to pass the baton to them at some point and it is our responsibility to invest and feed them all the emotional nourishment that we can. They are worth it!

HUI HO'OMALU STATEWIDE RESOURCE ADVISORY COMMITTEE

The Hui Ho'omalua Statewide Resource Advisory Committee (RAC) provides support to the resource family community through identifying ongoing needs, facilitating communication and by sharing resources.

The Building Connections Newsletter is published four times a year to provide information regarding foster and adoptive care to resource families, service providers, and to the public.

This newsletter may be viewed on the following websites:

www.hawaii.gov/dhs/protection/social_services/child_welfare/foster

www.pidfoundation.org

Partners in Development
Foundation

2040 Bachelot St.

Honolulu, Hawai'i 96817-2433

If you would like to receive this newsletter, please call:

441-1125 (O'ahu),

888-879-8970 (Toll Free) or

E-mail: RAC@pidfoundation.org

GO GREEN!

Want to help our environment? Contact us today and request an electronic copy!



SOCIAL MEDIA: Tips for Youth in Foster Care

Please note that although this article mentions "foster parents", in Hawai'i they are referred to as resource families/caregivers.

Does it feel like everyone you know is posting, tweeting, and video-chatting? These days, most teens use some form of social media—Facebook, Twitter, Pheed, Instagram, and many other online networks. Like all teens, youth in foster care use social media to connect with friends, make plans, play games, and express themselves. Youth in care, however, may have additional things to think about when using social media. This tip sheet can help you use social media safely.

Did you know? Social media can connect you to other young people who understand what you're going through. Check out various media options from the FosterClub at <http://fosterclub.com>.

How Can Social Media Be Unsafe?

While social media can be very useful in helping you share information quickly and keep in touch with those who matter to you, it also can create situations that may be unsafe. The following are examples of online situations that could be unsafe:

- Sharing too much personal information and not knowing how others might use that information.
- Being in contact with family members or others from your past who are not supposed to contact you.
- Mean or hurtful online actions by peers or strangers (sometimes referred to as cyberbullying).
- Communication with adults who are looking for inappropriate, and sometimes sexual, relationships.

Did you know? One of every six teens report that they have had online contacts that made them feel scared or uncomfortable. (See [http://www.pewinternet.org/ Reports/2013/Teens-Social-Media-And-Privacy.aspx](http://www.pewinternet.org/Reports/2013/Teens-Social-Media-And-Privacy.aspx))

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OUTSTANDING DHS WORKER!

Do you know a DHS-CWS worker(s) that you would like to acknowledge for his/her exceptional work? Share their name(s) with us and what makes them so special so we can let others know how wonderful they are!

441-1125 (O'ahu) ★ 1-888-879-8970 (Toll Free) ★ RAC@pidfoundation.org

Help! Looking For Stories!

Would you like to share some helpful tips? Got an inspirational story to tell? Know of some useful resources in your community?

These are just some of the many possibilities that you can contribute to this newsletter. Please send them over so we can all benefit from each other's wisdom!

We would also appreciate any feedback, comments and suggestions on ways that we can improve this newsletter so that it is useful to you. What would you like to see in it? Topics of interest? We look forward to hearing from you!

Email: RAC@pidfoundation.org

November ~ National Adoption Month

By Brigitte Tokuda, MSW

Partners in Development Foundation—Hui Ho'omalu

The National Adoption Day Coalition states that “the day an adoption is finalized is one families never forget” and on November 22nd we celebrated that momentous day for many adoptive families. Approximately 400 people flooded Ice Palace and enjoyed a free evening of ice skating and light refreshments sponsored by the Hawaii Adoption and Permanency Alliance (HAPA). Attendees young and old skated around the ice ring dancing, laughing, and enjoying their time together with their family and friends. Hot cocoa and yummy snacks, including almost 40 dozen homemade cookies, were provided by a variety of HAPA supporters. When a 12 year old adopted boy was asked what his favorite part of the event was he said “the games and hanging out with my family.”

As the event came to a close, there were many smiles, hugs, “see you later,” and “thank yous” that were said. Many of the families look forward and enjoy coming to this event in particular because it allows their child(ren) to see and interact with other families affected by adoption. It also gave adoptive parents a chance to visit and “talk story” with other adults who share a history of adoption. Although the air was chilly inside the building, the sense of a shared community warmed the Ice Palace.

HAPA is a group of individuals and agency/organizations within the adoption community who work to promote, support, and maintain permanency for children. HAPA's main activities consist of providing education and training to the Hawaii adoption community, advocating on behalf of indi-

viduals touched by adoption, and coordinating inter-agency work among adoption and permanency providers. Membership is open to anyone within the adoption community. If you would like to become more involved with HAPA, please contact Chiyomi Chow of Family Programs Hawai'i at 521-9531.



Advertise in the Newsletter—Promote Your Business

100% of the proceeds will be used towards supporting our resource families

Display advertisements with borders: business card size = \$30; 1/4 page = \$50; 1/2 page = \$75; full page = \$115.

Send information to: Hui Ho'omalu—RAC, 680 Iwilei Rd., Ste. 500, Honolulu, HI 96817

Phone: 441-1125 (O'ahu) « 888-879-8970 (Toll Free) « Fax: 441-1122 « E-mail: RAC@pidfoundation.org

RAC reserves the right to accept, reject or edit advertisements, articles and notices of events based on publication schedule, space limitations, and appropriateness.



SOCIAL MEDIA: Tips for Youth in Foster Care (cont.)

How Can You Stay Safe on Social Media?

Here are some general tips and things to think about for staying safe online. Talk with your caseworker and foster parent to find out if there are other rules for you to follow.

- **Set strong privacy settings.** Understand the privacy settings of each social network you use and check them regularly. These settings will help you limit who can see what you post and how.
- **Do not give out personal information on online networks.** This includes your full name, address, phone number, school name, or password. This also includes revealing photos (sexting).
- **Do not publicly post information that tells others where to find you.** This means don't post that photo of you in a shirt with your school name or announce the mall where you plan to spend the afternoon. Also, be aware that some smartphone photos and some network services (such as Facebook's and Instagram's location features) can provide information about where you are without you knowing about it.
- **Be kind and show respect for other people and their ideas.** While you may feel bold at the keyboard, don't say or do anything you wouldn't say or do face-to-face.
- **Don't let cyberbullies take control.** Seeing mean messages or embarrassing jokes from an online bully can be painful. If you are being bullied, do your best to ignore it—often a bully is trying to get a reaction. Use privacy tools to block the person from additional messages, texts, or posts. If the bullying continues or if it makes you upset, reach out to a trusted adult and get help with reporting and making it stop. Recognize that in some States cyberbullying is against the law. For more information on cyberbullying, see <http://www.stopbullying.gov/kids/index.html>
- **Be cautious.** Know that not everyone is who they say they are and not everyone has good intentions. Don't let anyone pressure you into doing something that doesn't seem right.
- **Avoid meeting anyone in person that you've "met" online.** If you feel that you must meet an online contact, discuss this idea first with your foster parent or another trusted adult, plan to meet in a public place, and don't go alone.
- **Don't keep concerns to yourself.** If you receive (or send) communications that are inappropriate, hurtful, or make you feel uncomfortable, tell your foster parent, caseworker, or another trusted adult. Resist the temptation to shoot off a quick reply because it could make matters worse.



Things to Ask Yourself Before You Post

Keep in mind that messages and photos—which may seem funny to you and your friends—may be forwarded on to others. You can't control what happens to the information once you've sent it or posted it. Before you post, ask yourself:

- How would I feel if the person who was supposed to see this [message, video, photo] shares it with 100 other people?
- How would I feel if my parent, teacher, or caseworker saw these words or pictures?
- Could these words or pictures hurt other peoples' feelings or be used against them?
- Could these words or pictures hurt my chances of getting into college or getting a job? (Yes, college recruiters and employers really do look at social media pages!) **Remember, once it's out there, it's nearly impossible to take it back!**

Did You Know? Social media (blogs, videos, digital stories, etc.) can be powerful tools to share your life experiences and make your voice heard.

For more information, visit: <https://www.childwelfare.gov/adoption/nam/youth/stay-safe.cfm>

This article was obtained via the Child Welfare Information Gateway and is available at https://www.childwelfare.gov/pubs/smtips_youth.cfm

One Pan Mexican Quinoa

A light, healthy, and nutritious dish that can be made in a snap! This can be a side dish or a meal in itself...either way, it's delicious!

INGREDIENTS:

- 1 tablespoon olive oil
- 2 cloves garlic, minced
- 1 cup uncooked quinoa
- 1 cup broth (chicken or vegetable)
- 1 (15 oz) can black beans, drained and rinsed
- 1 (14.5 oz) can diced tomatoes with chilies
- 1 cup corn kernels (frozen, canned or fresh)
- 1 teaspoon chili powder
- 1/2 teaspoon cumin
- Salt and pepper to taste

What is quinoa? Often described as a "superfood" or a "supergrain", quinoa has become popular among the health conscious with good reason. Quinoa (pronounced KEEN-wah) is packed with protein, fiber and various vitamins and minerals. It is also gluten-free.

For more information on the health benefits & nutrition facts of quinoa, visit: <http://www.livescience.com/50400-quinoa-nutrition-facts.html>



DIRECTIONS:

1. Heat olive oil in a large skillet over medium high heat. Add garlic and cook, stirring frequently, until fragrant, about 1 minute.
2. Stir in quinoa, broth, beans, tomatoes, corn, chili powder and cumin. Season with salt and pepper to taste. Bring to a boil; cover, reduce heat and simmer until quinoa is cooked through, about 20-25 minutes, until the liquid is fully absorbed.

Recipe adapted from Cook Like a Champion (cooklikeachampion.com)

Making Your New Year's Resolution Stick

Lose weight? Check. Start exercising? Check. Stop smoking? Check.

It can be daunting when your list of New Year's Resolutions is as long as your holiday shopping list. In addition to the post-holiday slump, not being able to keep your resolutions by February, March or even late January may increase your anxiety. When your holiday decorations are packed up and stored away, the frustration of an unused gym membership or other reminders of failed resolutions can make the later winter months feel hopeless.

However, it is important to remember that the New Year isn't meant to serve as a catalyst for sweeping character changes. It is a time for people to reflect on their past year's behavior and promise to make positive lifestyle changes. "Setting small, attainable goals throughout the year, instead of a singular, overwhelming goal on January 1 can help you reach whatever it is you strive for," says psychologist Lynn Bufka, PhD. "Remember, it is not the extent of the change that matters, but rather the act of recognizing that lifestyle change is important and working toward it, one step at a time."

By making your resolutions realistic, there is a greater chance that you will keep them throughout the year, incorporating healthy behavior into your everyday life. APA offers these tips when thinking about a New Year's resolution:

Start small

Make resolutions that you think you can keep. If, for example, your aim is to exercise more frequently, schedule three or four days a week at the gym instead of seven. If you would like to eat healthier, try replacing dessert with something else you enjoy, like fruit or yogurt, instead of seeing your diet as a form of punishment.

Change one behavior at a time

Unhealthy behaviors develop over the course of time. Thus, replacing unhealthy behaviors with healthy ones requires time. Don't get overwhelmed and think that you have to reassess everything in your life. Instead, work toward changing one thing at a time.

Talk about it

Share your experiences with family and friends. Consider joining a support group to reach your goals, such as a workout class at your gym or a group of coworkers quitting smoking. Having someone to share your struggles and successes with makes your journey to a healthier lifestyle that



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Making Your New Year's Resolution Stick (cont.)

much easier and less intimidating.

Don't beat yourself up

Perfection is unattainable. Remember that minor missteps when reaching your goals are completely normal and OK. Don't give up completely because you ate a brownie and broke your diet, or skipped the gym for a week because you were busy. Everyone has ups and downs; resolve to recover from your mistakes and get back on track.

Ask for support

Accepting help from those who care about you and will listen strengthens your resilience and ability to manage stress caused by your resolution. If you feel overwhelmed or unable to meet your goals on your own, consider seeking professional help. Psychologists are uniquely trained to understand the connection between the mind and body. They can offer strategies as to how to adjust your goals so that they are attainable, as well as help you change unhealthy behaviors and address emotional issues.

This article, by the American Psychological Association, can be found at www.apa.org

'OHANA REWARDS

Want to know how you could receive a
\$200.00 gift card?

Would you like your name to appear in a future RAC newsletter?

All you need to do is help us find more homes for Hawai'i's keiki in foster care!

If you can refer, help, cheer, and see your referral to the finish line to become licensed, you could earn a **\$200 gift card** of your choice and be listed here as an 'Ohana Rewards recipient!

Shanell and Whitmore Alapai

Anna George

Debra Geron

Troy and Mary Mangum

Crystal McRae

Amparo Parker

Mary Lee Sakas

*Call Hui Ho'omalulu today at 441-1117 or
1-888-879-8970 (toll free) for more information!*

HAPPY ANNIVERSARY!!!

O'ahu's Resource Caregiver

James Bott (10 years)



How long have you been a resource caregiver? We would like to honor you by printing your name and current years of service in our newsletter. We know you are out there but we need your help. Please send your name and years of service to:

*RAC@pidfoundation.org
(O'ahu) 441-1125
(Toll Free) 1-888-879-8970*

*Mahalo for your dedication and heart for
Hawai'i's keiki and families!*

There may be times when you, as a resource caregiver, have a question or concern and are not sure where to go for help. We will be presenting scenarios in each newsletter as a way to highlight different situations and suggestions on "Who Ya Gonna Call?"

Who Ya Gonna Call?

You just found out that your Aunt Luck B. Wither went to Hawai'i's 9th island, Las Vegas, and hit the Mega Bucks! Always the generous (and lucky) aunt that she is, she gives you a hefty check because you're her favorite niece! When asked what the money will be used for, you respond, "I'm going to build an extension on my home so I can take in more foster youth!" You do recall needing to inform someone when you make structural changes to your home...but who??? Pull out your handy dandy "Who Ya Gonna Call" list that was in the January 2015 Building Connections Newsletter. Look under *Structural changes in your home* and you'll see that you should be contacting your Licensing Social Worker.





Welcome to FPH's Resource Family Support Services Corner

By April Lum, RFSS Family Resource Specialist

Resource Family Support Services (RFSS) is funded by the Department of Human Services



April Lum

Ask the Warm Line

How do I help the youth in my home prepare financially for college?

Fewer than 20 percent of eligible youth in foster care go on to higher education compared to 60 percent of youth in the general population. With costs continually on the rise, many youth in care find it difficult to afford the cost of higher education, especially when they may not have family members who can help with costs, someone to co-sign a loan, or a free place to stay during the holidays and summer breaks. We receive many calls from resource caregivers who want to help find resources but aren't sure where to start. If you have any questions regarding the information below or for other available resources please call the Warm Line at 1-866-545-0882.

- 1) Beginning January 1st, high school seniors can fill out the Free Application for Federal Student Aid (FAFSA) for the 2016-2017 school year. The FAFSA is used to determine the type and amount of federal financial aid (grants, work-study and loans) the student is eligible for. A youth who is "an orphan, in foster care, or a ward of the court at any time when the individual was 13 years of age or older" is now considered an "independent student" and only the youth's income is considered when determining eligibility for financial aid. The easiest way for a student to apply is through www.fafsa.gov.
- 2) Education Training Voucher (ETV): Former DHS foster youth adopted from DHS at 16 or older may be eligible to receive up to \$5,000/year to assist with the cost of attendance until age 23.
- 3) Higher Education Board payments of \$676 per month, which may continue through the youth's 26th year, is available for qualifying youth who wish to attend an institution of higher education.
- 4) Imua Kakou is a voluntary program which provides support to former foster youth between the ages of 18-21 years of age. More information can be found at www.imua21.org
- 5) eXcel and Ho'ololi Mua No Ke Ola Senior Program (HSP) guides high school seniors in foster care to successfully prepare for and enter college or vocational training. On O'ahu and East Hawai'i only.

Training Options

Do you want to learn more about specific topics to help the child(ren) in your home? Do you need training hours to get relicensed?

Family Programs Hawai'i offers 4 different FREE ways for resource caregivers to receive training:

1. Attend live trainings offered each quarter or the annual conference in the Spring
2. Borrow a DVD from FPH's lending library
3. Watch a video online at: FosterParentCollege.com
4. Read an article online at: FosterParents.com *New Option*

For more information, please call the Warm Line at: 545-1130 (O'ahu) or 1-866-545-0882 (toll-free on neighbor islands)

Resource Family Basics

Did you know, as a resource caregiver...

Reimbursements for sports uniforms and assistance on purchasing clothing for proms, etc. (up to \$125 per child, per year) is also available. Contact the child's Social Service Assistant or Social Worker before purchasing any clothes.

You can find this information under the *Clothing for Special Events or Activities* section on the Resource Family Basics document. This is just one example of the wealth of information you can find on the Resource Family Basics to help resource families! Learn about different financial assistance, services, and resources, that are available and so much more! Go to the website below to see all that it has to offer!

<http://humanservices.hawaii.gov/ssd/files/2014/02/RESOURCE-FAMILY-BASICS-02-10.pdf>



Adoptive Families Needed Through Wendy's Wonderful Kids

Greg is a 17 year old Hawaiian youth with a very outgoing spirit. Greg loves meeting new people and is always willing to talk openly about his life experiences. Greg values family connections above all other things in life. After a tumultuous early adolescence, Greg is ready to join a permanent and stable home.

Greg enjoys living a very active lifestyle that includes playing sports, going to the beach, and spending quality time with the people that he cares about. He prefers all of these activities over being at home watching TV and playing video games. He would do well in a home where parent(s) promote and engage in a lot of outdoor activities. Because Greg is getting close to adulthood and likes to take responsibility for himself, he needs a family that will also respect and encourage his independence.

One of Greg's goals for the future is to earn his GED. His biggest passion is health and wellness and he would like to continue developing those skills. Greg remains in contact with his biological family, especially his grandmother who cares for his three younger siblings. Greg's Forever Family must be supportive of him maintaining contact with these important people.

Greg is currently residing in an educational/career setting. Due to many negative experiences in his life, Greg has a difficult time putting trust in adults. It is very important that he has a family who will continue to show commitment even after he has made a mistake. He hopes to find a Forever Family that will be there for him through the good times and the bad.

Greg is a youth who requires patience and structure in his environment in order to be successful. He needs a family that will nurture him, engage him in activities that he is interested in, and develop his skill set for adulthood. He would respond very well to a strong male role model. His needs can be met in a home that is active, structured, and will provide him stability where his independence is recognized and respected.

Wendy's Wonderful Kids seeks to find *good homes for great kids in tough situations*. If you are interested in learning more about Greg and his need for permanent, nurturing connections, please contact Chiyomi Chow, Wendy's Wonderful Kids Recruiter, at 540-2552 or by email at Chiyo-mi@familyprogramshawaii.org.



Skills for Success Program

By Judy Adviento, Program Coordinator

Children are Hawai'i's most valuable resource. They are our future. And yet, former foster youth continue to have challenges transitioning into adulthood. In the year 2014, here in Hawai'i there were 1,154 young people aged 18-25 who were currently experiencing or have experienced homelessness and were recipients of homeless services (environmental scan, 2015). There continues to be a need to prepare youth for adulthood and independent living.

One way to prepare youth for adulthood is to ensure the youth have the necessary skills to overcome the challenges in adulthood. Some challenges include, but are not limited to, finding stable, safe and affordable housing, financial stability, finding employment, post high school educational planning, receiving adequate health care and caring for their own physical health, and maintaining healthy relationships. Skills that youth need include, but are not limited to, learning how to budget and balance their checkbook, creating a resume and preparing for a job interview, learning to prepare and cook (healthy) meals, understanding what is needed to live by ones self and/or with others (i.e., move in furniture, deposit, understanding a lease) and goal planning (i.e., post high school education) for future goals.

These skills are often learned at home, but due to experiences encountered by the youth, they may not have necessarily been taught and/or have had the opportunity to practice these skills. Resource caregivers are important and influential teachers for youth in care approaching adulthood as they most closely resemble the environment where most children learn the tasks necessary for independent living. They can turn each day into a learning experience and help youth realize what they already know how to do, as well as what they need to learn. Because of this, creating a program that engages BOTH the youth and resource caregiver is needed to help youth prepare for adulthood.

Program: Skills for Success

Family Programs Hawai'i realized this need and developed a program called *Skills for Success* which does just that. It engages both the youth and resource caregivers. It is a six week consecutive training program that focuses on six topic areas: (1) social wellbeing, (2) physical wellbeing, (3) financial wellbeing, (4) housing, (5) intellectual potential, and (6) career/employment. In each section, youth will learn skills needed to overcome challenges in the different areas and resource caregivers will receive suggestions on how they can challenge and support the youth to practice soft skills in their everyday environment. Both the youth and resource caregivers will then come together to practice the skills they learned.

Upon completion of the trainings, youth will not only leave with more skills and knowledge but will also receive a gift card. Resource caregivers will also receive six hours for completing the trainings.

Family Programs Hawai'i hopes to start their first trainings on Monday, January 4, 2016. Trainings will be held every Monday thereafter for two hours. Food will also be served during trainings. If you are interested or would like more information, feel free to call Judy Adviento, Program Coordinator at (808) 540-2559 or judy@familyprogramshawaii.org.

Education is the passport to the future,
for tomorrow belongs to those who
prepare for it today.

Malcolm X



Calendar of Events

O'AHU

- Jan 15 (Fri)** Wai'anae Resource Families Support Group. 5:30pm-8pm. 'Ohana Ola Kahumana. RSVP to FPH at 521-9531 ext. 245 by 1/8.
- Feb 12 (Fri)** Windward Resource Families Support Group. 6:00pm-8:30pm. Queen Lili'uokalani Children's Center, Ko'olau Poko Unit. RSVP to FPH at 521-9531, ext. 245 by 2/5.
- Feb 25 (Thur)** Central O'ahu Resource Families Support Group. 5:30pm-8:00pm. O'ahu Veterans Center. RSVP to FPH at 521-9531 ext. 245 by 2/18.
- Mar 18 (Fri)** Wai'anae Resource Families Support Group. 5:30pm-8pm. 'Ohana Ola Kahumana. RSVP to FPH at 521-9531 ext. 245 by 3/11.

EAST HAWAII

- Jan 9 (Sat)** Hilo Resource Families Support Group. 12:00pm-2:30pm. Haili Congregational Church. RSVP to the Warm Line at 1-866-545-0882 by 1/2.
- Jan 22 (Fri)** Giving Grief Guidance: Navigating Loss and Trauma Training. 5:00pm-7:30pm. Church of the Holy Cross. RSVP to the Warm Line at 1-866-545-0882 by 1/15.
- Mar 12 (Sat)** Hilo Resource Families Support Group. 12:00pm-2:30pm. Location: TBD. RSVP to the Warm Line at 1-866-545-0882 by 3/5.

KAUAI

- Jan 11 (Mon)** Giving Grief Guidance: Navigating Loss and Trauma Training. 5:30pm-8:00pm. Lihu'e Lutheran Church. RSVP to the Warm Line at 1-866-545-0882 by 1/4.
- Feb 18 (Thur)** Kaua'i Resource Families Talk Story Time. 5:30pm-8pm. Location: TBD. RSVP to the Warm Line at 1-866-545-0882 by 2/11.

MAUI

- Feb 18 (Thur)** Maui Resource Families Support Group. 5:30pm-8:00pm at Queen Lili'uokalani Children's Center. RSVP to the Warm Line at 1-866-545-0882 (toll free) by 2/11.

LĀNA'I

- Jan 19 (Mon)** Lāna'i Training for Resource Caregivers. 10:00am-2:30pm. Location: TBD. RSVP to the Warm Line at 1-866-545-0882 by 1/11.

If you have access to the internet, please check the calendar for any additional or updated events at www.familyprogramshawaii.org

Funding for FPH support groups, trainings, and annual conferences is provided by the Department of Human Services



PATCH publishes a quarterly newsletter -- Training Tracks, to inform the community of our upcoming trainings around town, and provide the latest child care news and information to professionals and the public. PATCH offers over 100 FREE child care workshops open to all caregivers such as family child care, preschool and infant and toddler staff, before and after school care programs, parents, resource caregivers, medical professionals, babysitters and informal child care. Please visit our web-site for the latest news and training schedule:

Free! www.PatchHawaii.org or contact your local PATCH office

O'ahu: 808-839-1988 ♦ Maui: 808-242-9232

Lāna'i & Moloka'i: 1-800-498-4145

Kaua'i: 808-246-0622

Hilo: 808-961-3169 ♦ Kona: 808-322-3500

Free!

EMPLOYMENT OPPORTUNITIES

Part-time Co-trainers Needed. Resource Caregivers/Former Foster Youth in Maui, Kaua'i and O'ahu are needed to co-train new Resource Caregivers in the HANAI curriculum. Your experience is invaluable to a new family just learning about providing foster care. Come and share what you've learned/experienced over the years with others!!! Trainings are generally held intermittently on some weekday evenings and some Saturdays. Training and compensation provided.

Part-time Child Care Providers needed in East Hawai'i, West Hawai'i, and O'ahu to provide child care (i.e., during trainings), in the evenings and weekends on an occasional basis. Training and compensation provided.

Part-time Recruitment Assistants needed in West Hawai'i and O'ahu to staff various recruitment booths and share information with potential applicants about the need for additional Resource Caregivers. Times will vary and may include evenings and weekends, on an occasional basis. Training and compensation provided.

HUI HO'OMALU - A Program of Partners in Development Foundation

See www.pidfoundation.org/about/careers

Email resume & application w/cover letter to: HR@pidfoundation.org or fax to 440-6619

PIDF is an Equal Employment Opportunity Employer

PARTNERS IN DEVELOPMENT FOUNDATION

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Statewide Resource Advisory Committee

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441-1125 (O'ahu)
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Fax: 441-1122

E-mail:
RAC@pidfoundation.org

The concept for the Statewide Resource Advisory Committee (RAC) was created by the Department of Human Services (DHS) as a means to support the resource family community. Hui Ho'omalua facilitates this committee comprised of adoptive parents, resource caregivers and various community agencies, all dedicated to providing services and support to Hawai'i's keiki and the resource families who care for them. The purpose of the RAC is to identify ongoing needs, facilitate communication, share resources, provide information through a statewide calendar of events and a quarterly newsletter and report on local projects and other topics of interest to benefit Hawai'i's resource families.

This committee, the newsletter and many of the represented agencies are supported and funded by Department of Human Services contracts.

RAC Committee Members:

Catholic Charities Hawai'i—Hui Ho'omalua

Department of Human Services

EPIC, Inc. 'Ohana Conferencing

Family Court

Family Programs Hawai'i—Hui Ho'omalua & It Takes An 'Ohana

Resource Caregivers

Adoptive Parents

Hawai'i Foster Youth Coalition

Partners in Development Foundation—Hui Ho'omalua