

## NEED SUPPORT?

We have many resources to share for financial and other assistance, referrals, even if you just want to talk!

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## CONTACT THE WARM LINE !

STATEWIDE  
7 DAYS A WEEK  
8:30AM—10:00PM

(808) 545-1130 or  
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warmline@familyprogramshi.org

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# Building Connections A Newsletter for Resource Families

Volume 13 Issue 4

April 2020

## Message from Child Welfare Services

DAVID Y. IGE  
GOVERNOR



PANKAJ BHANOT  
DIRECTOR

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### STATE OF HAWAII DEPARTMENT OF HUMAN SERVICES

Social Services Division  
Child Welfare Services Branch  
Program Development  
1010 Richards Street, Room 216  
Honolulu, Hawaii 96813

April 1, 2020

Aloha Resource Caregivers,

As the COVID-19 pandemic situation continues to evolve in Hawaii, we want to take the opportunity to provide you with updates to our services that include face to face contacts with children and families, such as monthly face to face visits, ‘Ohana time, and new intake assessments

These policies will be effective through the end of the COVID-19 pandemic or until a subsequent policy is issued by the Department.

#### 1. Monthly Face to Face Visits

- Until further notice, **all monthly contacts** among CWS workers, children, parents, and resource caregivers **shall be completed remotely**, using technology such as Facetime, Skype, or Zoom. If videoconferencing is not possible, teleconferencing (i.e., phone contact) shall be used.
- CWS caseworkers shall make a concerted effort to have individual time with each child, each parent, and a resource caregiver via videoconference (or teleconference, as a backup plan) every month.
- For families without phones, please let your CWS workers know so alternate options for contact can be discussed.

#### 2. ‘Ohana Time – Visits for Children in Foster Care with Parents

‘Ohana Time/Visitation is critical to bonding and relationships, especially during the trauma of removal, and other times of crisis. In general, there is no substitute for in-person visits for children and families, but given the current COVID-19 pandemic, it is necessary and prudent to balance the best practice of in-person ‘Ohana Time with the protection of children, families, staff, and the community at large.

- ‘Ohana Time will be done remotely via videoconference. Teleconference will be used if videoconferencing is not possible, including texting photos and/or videos.
- If the parents or the children do not have access to the appropriate technology, please let your CWS workers know so alternate options for contact can be discussed.

#### 3. Face to face visit precautionary measures

In all instances when a CWS staff member is considering face-to-face contact with a child, a parent, a family member, or a resource caregiver, the following screening questions shall be asked to assist in determining the safety of such contact.

- Has anyone in your household traveled in the last 14 days?

AN EQUAL OPPORTUNITY AGENCY

## HUI HO'OMALU STATEWIDE GLUE COMMITTEE

*The Hui Ho'omalua Statewide Glue provides support to the resource family community through identifying ongoing needs, facilitating communication and by sharing resources.*

The Building Connections Newsletter is published quarterly by Partners in Development Foundation, 2040 Bachelot St., Honolulu HI 96817-2433, to provide information regarding foster and adoptive care to resource families, service providers, and to the public.

This newsletter may be viewed on the following websites:

[www.hawaii.gov/dhs/protection/social\\_services/child\\_welfare/foster](http://www.hawaii.gov/dhs/protection/social_services/child_welfare/foster)

[www.pidfoundation.org](http://www.pidfoundation.org)

If you would like to receive this newsletter, please call:

441-1121 (O'ahu),

888-879-8970 (Toll Free) or

E-mail: [RAC@pidfoundation.org](mailto:RAC@pidfoundation.org)

### Resource Caregivers

April 1, 2020

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- b. Has anyone in your household had contact with anyone exposed to COVID-19 in the last 14 days?
- c. Does anyone in your household have or had in the last 14 days any of the following symptoms?
  - i. Fever greater than 100;
  - ii. Difficulty Breathing; and/or.
  - iii. Cough.

Only if the answers to all three questions are NO, shall contact be further considered. If face to face contact is necessary, precautions will be taken.

### 4. Precautions

If face-to-face contact is necessary, the following precautions will be followed:

- a. Arranging to meet outside in an open space, if possible;
- b. Maintaining a minimum of a six-foot distance from all individuals;
- c. Using Personal Protective Equipment (PPE), as available and appropriate. (This includes masks, gloves, hand sanitizer, etc.)
- d. Washing hands thoroughly before and after the visit. (It is recommended that if a worker enters the family's home, the worker ask if they can wash their hands, just after they enter, so the family can see and know that they are taking precautions to not infect the family.

Please continue to stay informed of COVID-19 updates by news media outlets and trusted websites such as: <https://health.hawaii.gov/coronavirusdisease2019/>

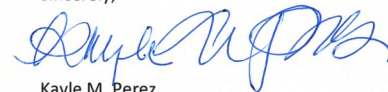
Please practice everyday protection and notify the Department immediately if:

- 1) You notice that a child/ren placed in your home display a fever, cough, or shortness of breath;
- 2) A child/ren placed in your home is diagnosed with a confirmed case of Coronavirus;
- 3) Any household members are diagnosed with a confirmed case of Coronavirus.

We appreciate your continued support and commitment to caring for Hawai'i's foster children. The emotional health of our children is important, so please refer to the attached handout called "Ohana/Caregiver Information on Dealing with the Stress from Coronavirus (COVID-19)". We must keep in the forefront of our minds that children in Child Welfare Services have a history of trauma, and situations such as this can be a trigger for them.

Please contact your licensing worker if you have any questions or concerns. Thank you for taking care of our children. Please continue to take care of yourself, family and loved ones.

Sincerely,



Kayle M. Perez

Social Services Division Administrator

## GO GREEN!

Want to help our environment? Contact us today and request an electronic copy!





## 'OHANA / CAREGIVER INFORMATION on Dealing with the Stress from Coronavirus (COVID-19)

### Coping with the Stress of a Community Trauma

Our Islands are no stranger to community trauma, whether its cultural, natural disasters, or otherwise. As a community, we have been able to come together and heal in the past. But this is different. It will be difficult not to get together with our neighbors, friends and extended 'ohana to get through this, but as we have heard, being together in person will put EVERYONE, especially our KEIKI and KUPUNA, at risk of serious illness. But being alone & isolated from our loved ones can bring other kinds of stress. Remember, this is a temporary situation. It will be pau soon, but we can help to recover as a community quicker if we follow medical authorities to isolate and stay home so we can protect our community!



### Self-Care & Coping

During this time, coping with additional stress & uncertainty is challenging for everyone. In order to help our entire 'ohana, it's so important to take care of ourselves first, so we will be able to take care of others better. If we are overwhelmed, it will be harder to help our keiki be calm & safe. Here are a few things to pay attention to so we can all be healthy, balanced and safe:

- **FIND JOY.** Do something EVERYDAY that brings a smile to your face! Like: listen to music, bake something together, be silly, go out in your yard to feel the sunshine, learn a new hobby, read a book, garden, organize your house.
- **BE A ROLE MODEL.** Remember you are a role model for your keiki. How you handle stress will impact how your keiki handles this stressful situation now & in the future. It is a good time to teach them healthy ways to get through difficult times.
- **DRINK WATER & GET PLENTY SLEEP.** Drink lots of water & get restful sleep! Water will help our bodies fight anything & flush out toxins. SLEEP IS WHEN OUR BODIES & MINDS HEAL! Getting 7-9 hours of sleep a night is critical for young adults and 9-11 hours for keiki. Try not to look at your phone in bed. It will make it more difficult to fall asleep.
- **FEED YOUR SOUL.** Seek religious/spiritual guidance or professional counseling for support. This may be available online or by telephone during this outbreak.
- **LIMIT ALCOHOL USE.** Although it might seem like an easy way to cope right now, be sure you don't increase or rely on drug or alcohol use to cope. And remember, you're a role model & your keiki need to learn how to cope ... they watch how we deal with stress & will learn from us.
- **BREATHE DEEP.** Be sure you are aware of when your stress increases. When you are feeling more irritable or impatient, take time out to take breathe deeply. Taking just three deep breaths helps our brains calm down & relax immediately. And it's a good thing for our keiki to see how to cope in a healthy way.
- **LIMIT ELECTRONICS.** Take regular breaks from your phones, social media & TV. It is important to stay up to date, as new information is coming out constantly, but it can cause us more stress & overwhelm. Schedule time specifically to connect, then be pau.
- **EXERCISE.** Since our parks and gyms are closed, it's challenging to release stress now. Find free apps online or go in your yard to play outdoor games with your keiki. Exercise helps us feel better immediately and is a healthy way to cope.

### Helping Children Cope

Your keiki may respond differently to this stress & trauma, depending on their age. Below are some things you might see according to age group & the best ways you can respond.

**Additional Resources**  
on mental health care  
during this pandemic:  
[auw211.org](http://auw211.org)  
[CDC.gov](http://CDC.gov)  
[NCTSN.org](http://NCTSN.org)  
[SAMHSA.gov](http://SAMHSA.gov)

**State of Hawaii info:**  
[www.hawaii.covid19.com](http://www.hawaii.covid19.com)  
**Center for Disease Control:**  
[www.coronavirus.gov](http://www.coronavirus.gov)  
**COVID-19 Hotline:**  
Dial 2-1-1

Age of Keiki	What You Might See	How You Can Respond
<b>PRESCHOOL</b>	<ul style="list-style-type: none"> <li>• Fear of being alone, bad dreams</li> <li>• Speech difficulties</li> <li>• Loss of bladder/bowel control, constipation, bed-wetting</li> <li>• Change in appetite</li> <li>• Increased temper tantrums, whining, or clinging behaviors</li> </ul>	<ul style="list-style-type: none"> <li>• ASK &amp; LISTEN to how they are feeling. Acknowledge their feelings. Patience, empathy &amp; reassurance are critical right now.</li> <li>• Create virtual play sessions with friends and family.</li> <li>• Provide comfort by being calm &amp; loving (verbal &amp; physical)</li> <li>• Encourage expression through play, reenactment, story-telling</li> <li>• Allow short-term changes in sleep arrangements</li> <li>• Plan calming, comforting activities before bedtime</li> <li>• Maintain regular family routines</li> <li>• Avoid media exposure</li> </ul>
<b>ELEMENTARY SCHOOL (6-12 years old)</b>	<ul style="list-style-type: none"> <li>• Irritability, whining, aggressive behavior</li> <li>• Clinging, nightmares</li> <li>• Sleep/appetite disturbance</li> <li>• Physical symptoms (headaches, stomachaches)</li> <li>• Withdrawal from others, loss of interest</li> <li>• Competition for parents' attention</li> <li>• Forgetfulness about chores &amp; new information learned at school</li> </ul>	<ul style="list-style-type: none"> <li>• ASK &amp; LISTEN to how they are feeling. Acknowledge their feelings &amp; let them know they are not alone. Patience, empathy, &amp; reassurance are critical right now.</li> <li>• Create virtual play sessions &amp; staying in touch with friends through telephone &amp; Internet</li> <li>• Regular exercise &amp; stretching</li> <li>• Engage in educational activities (workbooks, educational games)</li> <li>• Participate in structured household chores</li> <li>• Set gentle but firm limits</li> <li>• Discuss the current outbreak &amp; encourage questions. Include what is being done in the family &amp; community</li> <li>• Encourage expression through play &amp; conversation</li> <li>• Help family create ideas for enhancing health promotion behaviors &amp; maintaining family routines</li> <li>• Limit media exposure and talk about what they have seen/heard can help them process what is going on. But limit those conversations...talk about other things too.</li> </ul>
<b>HIGH SCHOOL (13-18 years old)</b>	<ul style="list-style-type: none"> <li>• Physical symptoms (headaches, rashes, etc.)</li> <li>• Sleep/appetite changes</li> <li>• Irritation or decrease in energy</li> <li>• Isolating from others</li> <li>• Angry outbursts because they cannot be with friends</li> </ul>	<ul style="list-style-type: none"> <li>• ASK &amp; LISTEN to how they are feeling. Acknowledge their feelings &amp; let them know they are not alone. Patience, empathy, &amp; reassurance are critical right now.</li> <li>• Encourage continuation of routines</li> <li>• Encourage short discussion of outbreak experience with peers, family (but do not force)</li> <li>• Stay in touch with friends through FaceTime, telephone, video games</li> <li>• Encourage them to participate in regular routines, including chores, supporting younger siblings</li> <li>• Limit media exposure, talk about what they have seen/heard can help them process what is going on but talk about other things too, not just this situation.</li> <li>• Explain why they cannot do normal things right now. The more they know why, the better they can accept the outcome.</li> <li>• Encourage them to practice healthy self-care techniques &amp; role model to their siblings. This is an opportunity for them to learn healthy ways of coping with stress, which can help them in their future.</li> </ul>

Reference: The National Child Traumatic Stress Network. [www.NCTSN.org](http://www.NCTSN.org), March 1, 2020

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## Kids Hurt Too Hawai'i

By Wilma Friesema  
EPIC 'Ohana, Inc.

*Dear Reader, Because of the COVID 19 virus, the office of Kids Hurt Too Hawai'i is currently closed. However, the staff is developing a calendar for April and beyond which will offer virtual on-line activities such as: Support Workshops for trauma and grief survivors; Imagination Yoga which provides calming tools for children; Story Time which is reading books out loud to children; and Jump Rope classes to keep everyone moving. They will also provide links to additional resources in the community. Their website is: <https://www.kidshurttoo.org>*

He was only nine years old when his father died. That same year, Likeke Nakachi-Isaacs was diagnosed with cancer and started chemotherapy. Drained of energy, his heart broken, he felt like he was going under. He had lost so much, including his will to participate in just about anything. He only went to the agency Kids Hurt Too Hawai'i (KHTH) because his mom insisted he attend their program for grieving children. He really didn't want to go, he was so exhausted from the chemo treatments.

KHTH's mission is to strengthen children's connection to community by bringing together grieving and traumatized children, teens, and their parents in safe and healing ways that reflect Hawaiian values. At KHTH, grief is not seen as a problem to be solved but an experience to be lived through and integrated. Through support and an experience of community, children, youth, and parents develop safe and healthy coping skills. In operation since 2001, KHTH's many services have helped thousands of grieving families navigate some of their darkest days.

For Likeke, it was the emotional warmth he experienced when he first arrived at KHTH that lit a small spark in him. It started when he and his mom ate dinner with all the other participants. Then, after dinner, he went to a group for young children who had lost a parent. Meanwhile, his mom went to a different group for adults.

The children's group was unlike anything Likeke had experienced. The adults facilitating it reviewed the rules, but in a playful way. Despite the laughter, all the children understood that safety was important. There was to be no hitting of themselves or others, no put downs, no throwing objects, and there was an "I pass" rule, which meant you didn't have to talk if you didn't want to. If someone did share, they could only do so if they held the talking stick. Likeke soon discovered that everyone wanted that stick. He remembers feeling powerful when he held it, and it was clear other kids felt that too. To speak about whatever he wanted and to have everyone listen was amazing. To be able to choose if and when he wanted to talk about his dad or his cancer -- with no one pushing him to say what he wasn't ready to say -- also felt empowering. The group felt safe.

After group there was playtime which included such things as: basketball, arts and crafts, games, and singing. Because of his illness, Likeke was tired most evenings so he'd lay down in the playroom. An adult was always nearby. If Likeke wanted to chat, they would chat, but otherwise the adult would just stay next to him in a very comforting way.

The initial spark that Likeke felt when he first came to KHTH is what kept him coming back. The more he participated in KHTH activities, the more he enjoyed himself and felt safe. "Kids Hurt Too really gave me hope," the now 22-year-old told me. "I didn't think I'd be able to survive what I had gone through. They helped me to find myself when I felt like I was crashing. They didn't stop the crashing, but they helped me to cope with it and find a way forward. They also helped me realize I wasn't alone, that other kids had similar experiences. Kids Hurt Too pulled me back into life."

A favorite memory Likeke has is of a time he went surfing with Surf for the Soul, a program KHTH partners with to give children and youth experiences out in the community that are healing and inspiring. On that particular day, Likeke climbed



*Likeke as a teenager*

on a surfboard with two other children. Half lying on the back of the board, wearing a hat to protect his balding scalp, what Likeke remembers most is how much he smiled. It had been such a long time since he had smiled. In that moment, he felt so alive.



*Likeke surfing with his friends*

Likeke attended his first KHTH meeting when he was 9 and didn't stop until he was 18.

Today, he volunteers as a facilitator to help other children cope with their grief and loss. He says it's awesome to be giving back to an organization that has given him so much. KHTH, he shared, is very successful at healing young hearts.

For Cynthia White, co-founder of KHTH, creating a safe environment for the children, teens,

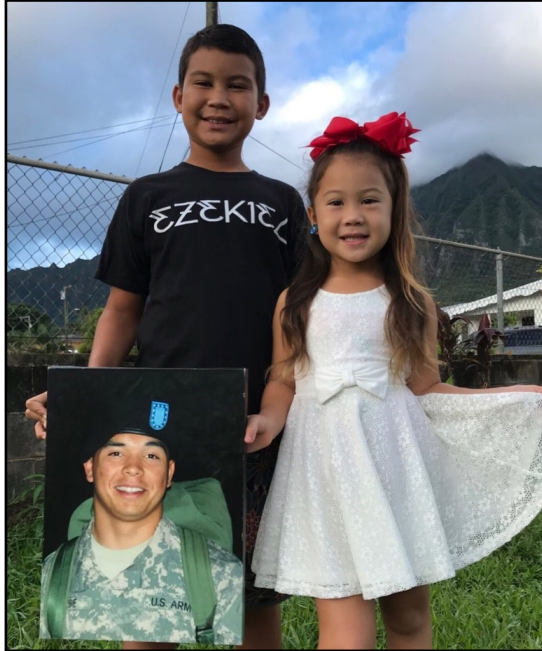
and parents is the number one priority if those young hearts are to be healed. A truly safe environment helps to calm a child's nervous system, which is an essential component of trauma recovery work, she told me. When the survival mechanism in the brain has calmed down, then the child can shift from survival mode to play and connecting with others. Feeling like they are not alone is also an important part of the healing process. Without those fundamental feelings of safety and belonging, children who experience grief or trauma get stuck in just trying to survive.



For parents, KHTH can make a real difference too. Mckenna Panui-Scobie lost her husband, Drew, in 2014. Her son, Duke, was four, almost five when his dad died. Mckenna was also pregnant at the time; her daughter, Drew, was born a few months later. Mckenna was still in the throes of her grief and adjusting to being a single parent when this new addition to their family arrived.

It took her about a year and a half before she was able to seek out therapy for emotional support. By this time Duke was experiencing intense separation anxiety. He didn't want to leave his mom's side. She went to a psychologist who referred her to KHTH.

She arrived at the agency with Duke clutching her leg and Drew in a stroller. When asked to come join the other children, Duke didn't want to leave his mom, but Hiro Ito, Program Director of KHTH, gently encouraged Duke to come with him. He showed him the room where his mom would be while he was with the other children. He reassured him he could come see his mom whenever he wanted. Mom would always be just steps away, he was told. Duke reluctantly went along.



*Duke & Drew with a picture of their Dad, Sergeant Drew Scoble*

Much to Mckenna's amazement, Duke was out of her sight all evening. When it was time to leave, Duke didn't want to. After they had left, he was eager to come back. That was almost five years ago, and the change for the entire family has been remarkable. Duke has almost no separation anxiety anymore, and he can now reflect on what it was like when his dad died. Drew attends group too, and talks about her dad and her grief. Duke and Drew also engage in community activities such as surfing, judo, ukulele, and mentoring programs that are fun and which deepen their connection to other children, the land, and their culture. Their confidence continues to grow.

For Mckenna, KHTH has been a life saver. Meeting with other parents, who have also lost their partner and are struggling with the challenges of being a single parent, helps to normalize all the ups and downs she experiences. "It helps so much to share and be understood, to give and receive support from the other group members," she told me. When asked if she had words for parents out in the community who have lost a spouse she said, "I want them to know that they'll be ok. Yes, it hurts, but Kids Hurt Too does wonders, not just for your children, but for you."

KHTH serves children and youth, ages three to seventeen, who are grieving and have experienced loss due to death, incarceration of a parent, divorce, or deployment. They also serve children and youth who are in foster care because of abuse or neglect, and those who have been exposed to domestic violence and crime. The children's caregivers, like Mckenna, are also supported. For everyone at KHTH, loss and grief are normalized through shared experiences, and hope and healing are awakened through play and community activities. For children, youth, and adults who struggle with an unbearable heartache, it's truly a place of safety and respite. It's also a place where loss and joy can be interwoven into a new rich tapestry of life.

For more information about KHTH and their programs visit their website at: [kidshurttoo.org](http://kidshurttoo.org) or call: (808) 545-5683.



## **Translating Trauma** **by Chiyomi Chow, LSW, Co-Founder of Better Together Hawaii**

Sometimes our children's behaviors and words are reactions to something other than the situation at hand. Their behavior might be puzzling because it's not what you would typically expect from a child at their age. Due to the past trauma that our child or teen experienced, we may need to learn how to decipher what they are really saying and become professional translators for the specific children in our care.

Here's an example: Your adopted daughter has had severe meltdowns since school has been let out. She is really struggling which means you're struggling too. She doesn't want to do any school work, and it's literally like pulling teeth to get her to do anything remotely like school.

Possible translation: Your child feels safe with the routine and structure that school provides. She's gone through so much turmoil in the past. All these sudden changes are triggering her past trauma and causing anxiety. In her mind, doing school work at home might mean that she might not be going back to school. In addition, she doesn't trust what you say about going back to school, because the date of return keeps changing.

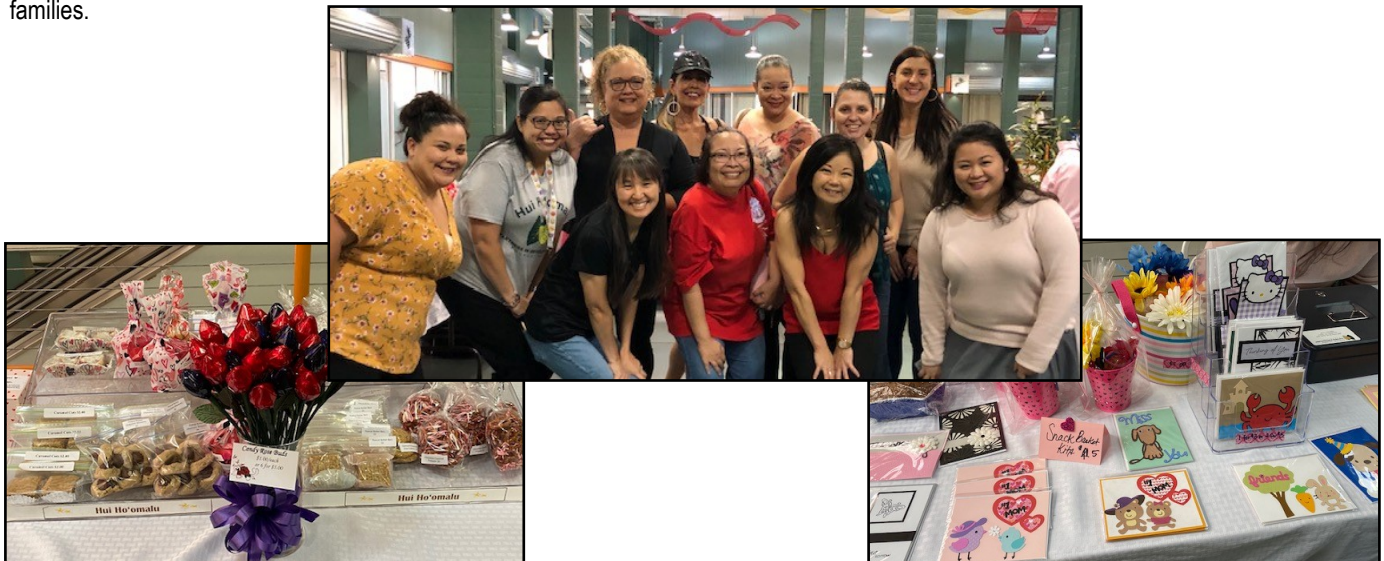
*Do you have an example of another behavior requiring a translation? Email [chiyomi.chow@gmail.com](mailto:chiyomi.chow@gmail.com) and we might use your example in our next issue.*

# Annual GLUE Bake Sale!

By Nikki Trost, Catholic Charities Hawaii

*Roses are red  
Violets are blue  
We love our Keiki and we know you do too!*

Valentine's Day isn't just a day of recognizing someone special...It has been an annual opportunity for the Hui to collaborate with partnering agencies, local businesses, and individuals to recognize Hawaii's foster children and resource families. As a Hui we have yet again been successful in coordinating our annual Bake Sale that was on February 14, 2020 at the Dole Office Building in Iwilei. Partner agencies, businesses, and individuals provided freshly baked goodies, crafted cards, other donated items. The day was spent with our partnering agencies who donated their time and talent for our children and families. The annual fundraiser is a collaborative effort by the following agencies/groups whose staff donate their time and baked goods: Partners in Development Foundation-Hui Ho'omalua, Catholic Charities Hawaii, Family Programs Hawaii, Hale Kipa, Hawaii International Child, Child and Family Service, Family Court, Epic Foundation, Epic Ohana, Better Together Hawaii, Resource Caregivers, Adoptive parents and the Department of Human Services. Thank you to those who provided their donations and time to make the day a success! All proceeds from the bake sale will be used for events that directly support Hawaii's foster children and resource families.



**SPECIAL MAHALO TO THE FOLLOWING BUSINESSES THAT HAVE  
SUPPORTED OUR SALE EVERY YEAR!  
WE ARE SO GRATEFUL FOR YOUR GENEROSITY!**

ANGELO PIETRO  
BIG CITY DINER  
BIG ISLAND CANDIES  
CAROL MAKIYA  
COSTCO—WAIPIO  
COSTCO—IWILEI  
GYOTAKU JAPANESE RESTAURANT  
KYO-YA MANAGEMENT CO, LTD ~ SHERA-  
TON WAIKIKI RESORT

MENEHUNE WATER COMPANY  
SEA LIFE PARK  
TAMURA'S FINE WINES & LIQUORS  
THE KAHALA HOTEL & RESORT  
THE MODERN HONOLULU  
THE OLD SPAGHETTI FACTORY  
WHOLE FOODS  
ZIPPY'S



# NEWS FROM HALE KIPA



*New Youth Services Center in West Oahu*

risk youth, young adults, and their families,” said Punky Pletan-Cross, CEO of Hale Kipa.

## Hale Kipa Opens New Headquarters During 50<sup>th</sup> Year

On March 12, 2020, Hale Kipa held a ground opening ceremony for its new multi-purpose Harry & Jeanette Weinberg Hale Kipa Youth Services Center in West Oahu. Located on 4.28 acres along Old Fort Weaver Road in Ewa, the center will serve as the agency’s headquarters and consolidate many programs and operations to improve services, reduce costs and build a sense of place in West Oahu. Efforts began in 2006 to find a permanent home for Hale Kipa, which has operated out of multiple locations since its founding in 1970.

The center consists of an 8,432-square-foot main service center and two 2,759-square-foot emergency shelters for youth. About 75 of Hale Kipa’s more than 150 total staff will be located at the center. Hale Kipa will continue operations in several existing locations on Oahu, and in offices on the Island of Hawaii and Kauai, to best serve local communities.

“Opening in our 50<sup>th</sup> year, this center allows us to fully realize our mission of providing community-based support and services to those we are privileged to serve – Hawaii’s at-



*New facilities*



(L-R) Chris Benjamin, Hale Kipa Capital Campaign Committee Chair; Punky Pletan-Cross, Hale Kipa CEO; Jaque Kelley-Uyeoka, Hale Kipa Deputy CEO; Scott Sen, Hale Kipa Board Chair & President and CEO, Hawaiian Electric

## Get Ready to Celebrate National Foster Care Month in May

May is National Foster Care Month, a time to recognize the part we each can play in enhancing the lives of children and youth in foster care. An initiative of the Children’s Bureau, National Foster Care Month shines a light on foster care youth, families and the organizations that help them. Through its Transitional Family Homes (TFH) Program, Hawaii’s nonprofit youth services organization, Hale Kipa, works with youth 3 to 17 years of age, connecting them with trained resource caregivers (or foster parents) for as little as a few days up to 11 months. The organization also provides regular ongoing support. For more, visit [Hale Kipa.org](http://HaleKipa.org).

## Transitional Family Homes Program Resource Caregiver Spotlight: Eric and Angela Hurd

Eric and Angela Hurd started fostering youth 25 years ago in Hawaii with a desire to give back to their community. They have since fostered more than 200 youth in and out of the system, ranging in age from infancy to 18 years old, and became guardians for four youth. Now some of the first youth they fostered at age 3 are nearly 30. Some of them still call or stop by to check in and talk story.

“I was formerly fostering under the Department of Human Services, and I was referred by one of my friends to Hale Kipa,” Angela said. “They provide a lot of support, including having staff and therapists on call, as well as staff who come to work with the youth in the home.”

Angela also works with the Hawaii community service organization PATCH (People Attentive to Children), which assists families with their child care needs. She provides respite care for military families, and assistance to special needs children in their homes. Her faith is an important part of what drives her to participate in the Transitional Family Homes Program.

“Every child who comes to you has many needs, and it is your job to figure out what does this kid need right now,” Angela said. “You have to have a lot of compassion and a lot of patience, and be willing to advocate for them. And a lot of love.”

She has a detailed calendar on her phone with reminders to help her juggle work and foster duties. This includes handling reports and paperwork for each youth, accounting for any medication they may need, coordinating staff and family visits, and scheduling dental, therapy, and doctor appointments. “Everyone knows what they are supposed to do – they help remind me sometimes,” she said. In addition, Angela makes time to plan vacations, such as Disney cruises, to help create lifetime memories for the youth.

“These children are part of the family,” she said. “Our goal is to create a safe, loving, and nurturing environment for them.”



*Angela & Eric Hurd*



Dave Thomas  
Foundation  
for Adoption®

Wendy's  
Wonderful Kids®

Wendy's Wonderful Kids offers proactive, child-focused recruitment of adoptive families for children who have been placed in long-term foster care. Sponsored by the Dave Thomas Foundation, this unique program provides intensive social work services to find the best adoptive home for a child by exploring all facets of the child's family, school, and friendship circles, as well as recruiting families from the broader community. The State of Hawaii Department of Human Services is a Wendy's referral partner.

## MEET MOANA...

Moana is a 12-year-old girl of Hawaiian/German/Chinese ancestry. She was born and raised on the Big Island of Hawaii, and is the youngest of four siblings (three of whom are still in foster care). She stands at 5'4", with brown hair and brown eyes, and has a smile that can light up a room. She loves anything to do with art, and her favorite thing to do is draw. She loves being a part of the afterschool art program, and was proud to show off the ceramic pieces she has had a chance to make. Moana was recently chosen to represent her school in an all school fitness challenge where she got to show her skills on an obstacle course. She loves anything that has to do with performing or challenging herself.

Moana is currently in the sixth grade and doing well despite some developmental delays and is showing progress when it comes to managing her temper when something does not go her way. When it comes to her past, Moana has witnessed and experienced a high amount of trauma, resulting in her having a very guarded personality. Despite this reality, she continues to show a resiliency beyond her years by still allowing people into her life. Based on the trauma she and her siblings have experienced, it has been determined it would be in the best interest of Moana to be placed in a separate home from each of her siblings.

Wendy's Wonderful Kids seeks to find **good homes for great kids in tough situations**. If you are interested in learning more about Moana and her need for permanent, nurturing connections, please contact Mindy Chung, Wendy's Wonderful Kids Recruiter, at 540-2552 or by email at [mchung@familyprogramshi.org](mailto:mchung@familyprogramshi.org)

# REFER A NEW RESOURCE FAMILY AND RECEIVE A \$200 GIFT CARD 'OHANA REWARDS

**Help us find more homes for Hawai'i's keiki in foster care and receive a \$200 Gift Card of your choice!**

### ***Here's how it works:***

- 1) Refer Prospective General Licensed Resource Family.**
- 2) When the family calls Hui Ho'omaluku to inquire about fostering, they identify you as the referral source.**
- 3) The family asks the referral source to confirm the referral by contacting Hui Ho'omaluku.**
- 4) Once the family is submitted to DHS the gift card is awarded!**

**Refer to the Calendar of Events for Foster Care Information Sessions!  
Invite friends and family!**

***Congratulations to this quarter's recipients!***

*Kennie & Jacob Bender—West Hawaii  
Henrilyn Akima—East Hawaii*



## EMPLOYMENT OPPORTUNITIES

### **Partners in Development Foundation ~ Hui Ho'omalua Program**

Go to [www.pidfoundation.org/about/careers](http://www.pidfoundation.org/about/careers)

Email resume & application w/cover letter to: [HR@pidfoundation.org](mailto:HR@pidfoundation.org) or fax to 440-6619

*PIDF is an Equal Employment Opportunity Employer*

- *Part-time Child Care Providers needed in West Hawai'i, Kaua'i, and Maui*  
to provide child care (i.e., during trainings), in the evenings and weekends on an occasional basis. Training and compensation provided. \$15.00/hr.

- *Part-time Recruitment Assistants needed in Kaua'i and Maui*  
to staff various recruitment booths and share information with potential applicants about the need for additional Resource Caregivers. Training and compensation provided. \$15.00/hr.

### **Family Programs Hawaii ~ Resource Family Support Services**

Email cover letter and resume to [rfss@familyprogramshawaii.org](mailto:rfss@familyprogramshawaii.org)

- *On-call Child Care Providers needed in Waianae, Windward, Central Oahu, Maui, Kauai, Hilo, Kona*  
to provide child care during evening and weekend support events on an occasional basis. Training and compensation provided. \$15.00/hr.

### **Catholic Charities Hawaii ~ Statewide Resource Families**

Go to <https://www.catholiccharitieshawaii.org/careers/> for more information

- *Home Study Specialist, Full-time (Oahu) & On-Call (Statewide)*

The Home Study Specialist conducts home inspections and a series of person-to-person interviews with prospective foster care families, reviews and assesses submitted clearances, verifications, application, questionnaires, etc. are in compliance with licensing requirements and timely writes a disposition per family that includes integrating the gathered information into a comprehensive report.

### **Hale Kipa**

Go to [https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=a42cc673-a204-4876-a5da-e7abc7d01cd6&cclId=19000101\\_000001&type=MP&lang=en\\_US](https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=a42cc673-a204-4876-a5da-e7abc7d01cd6&cclId=19000101_000001&type=MP&lang=en_US) for more information

#### *Foster Home Developer*

Hale Kipa is looking for a Foster Home Developer to provide leadership and expertise in training, supervising, and licensing a team of Hale Kipa resource caregivers who are culturally, therapeutically and professionally responsive to youth placed in their homes who need emergency shelter or a therapeutic home.

- *Foster Home Recruiter*

Hale Kipa is looking for a Foster Home Recruiter to network within the community to recruit people who have a passion to provide emergency shelter or therapeutic foster care to youth. This is a hourly position (10 hours per week)

- *Wraparound Community Navigator*

Hale Kipa is looking for a Wraparound Community Navigator to be a part of the Wraparound Program, working in conjunction with the Wraparound Facilitator/Care Coordinator and the entire Wraparound Team to provide services to youth being transitioned out of the Hawaii Youth Correctional Facility.

- *Relief Youth Counselor - Emergency Shelter*

Hale Kipa is looking for Relief Youth Counselors to work with youth between the ages of 12-17, who are placed in the Emergency Shelter Program because they are experiencing some type of crisis.



## Welcome to FPH's Resource Family Support Services Corner

By Luisa Edralin, Family Resource Specialist

Resource Family Support Services (RFSS) is funded by the Department of Human Services



### You, Your Children and Coronavirus (COVID-19)

By: Luisa-Aleli Edralin

The news about Coronavirus (COVID-19) is now everywhere. It's understandable if your children are starting to feel stressed and sadness; they may show some anxiety. They may even start looking to you for guidance, and if you seem overly worried, their own anxiety may rise. As a parent you may find it helpful to start an open and supportive discussion with your children.

**Don't be afraid to talk to your children about the coronavirus; take the time to ask questions and listen.** Your children already heard about the virus; therefore, start asking them what they know about the virus, and what they may have heard about it. Help your children feel informed and get fact-based information by telling them that you will continue to keep them updated as you learn more. Remind your children that they can talk to you at any time, and that you're available whenever they are feeling worried.

**Keep explanations age appropriate; be honest and accurate: explain the truth in a child-friendly way.** Use age-appropriate language, watch their reactions, and be sensitive to their level of anxiety. If you can't answer their questions, don't guess. Use it as an opportunity to explore the answers together. Don't volunteer too much information, as this may be overwhelming. Do your best to answer your children's question(s) honestly and clearly. It's okay if you can't answer everything; being available to your child is what matters.

**Remain calm and be reassuring; practice a healthy lifestyle.** If you start to feel anxious, take the time to calm down before talking to your children; make some time for yourself, reach out to others: family members, friends, and trusted people in the community. Take time to do things that help you relax.

Emphasize to your children that thoroughly washing their hands with soap and water, for about 20 seconds, is the primary means of staying healthy. Also show your children how to cover a cough or sneeze with their elbow and/or use of a tissue then throwing the tissue away. Practice with the children fist or elbow bumps instead of handshakes, and explain that it's best not to get too close to people who have those symptoms. Ask them to tell you if they start to feel like they are having a fever, cough or difficulty breathing.

Tell the children not to share food or drinks. Encourage your children to eat a balanced meal, get enough sleep, and exercise regularly. These will help them develop strong immune systems to fight off illness.

**Keep a normal routine at home** such as having regular mealtimes and bedtimes.

**Look for the helpers.** It's important for children to know that people are helping each other with acts of kindness and generosity. Share stories of health workers, scientists, and young people, among others, who are working to stop the outbreak and keep the community safe. It can be a big comfort to know that compassionate people are taking action.

\*\* The above information was provided by the following: National Association of School Psychologist ([nasponline.org](http://nasponline.org)); Kids Health ([kidshealth.org](http://kidshealth.org)); Child Mind Institute ([childmind.org](http://childmind.org)); UNICEF ([unicef.org.au](http://unicef.org.au)); Centers for Disease Control and Prevention ([cdc.gov](http://cdc.gov))\*\*

# CALL THE WARM LINE FOR SUPPORT



STATEWIDE ~ 7 DAYS A WEEK ~ 8:30AM—10:00PM

**(808) 545-1130 or 1-(866)-545-0882 (toll free)**





Kupu is a Hawaii-based 501(c)(3) non-profit organization that bridges three critical areas: young adults, environmental service-learning, and job training/readiness. Kupu's mission is *To empower youth to serve their communities through character-building, service-learning, and environmental stewardship that encourage integrity with Ke Akua, self, and others.*

Kupu aims to accomplish this mission by providing a wide range of service-learning opportunities which place program participants directly within the natural resource management and sustainability fields. Current program opportunities include:

#### **HYCC Summer Program**

The Hawaii Youth Conservation Corps Summer (HYCC Summer) opportunity is a statewide program that engages youth and young adults in hands-on environmental service-learning projects in a supportive team environment. Participants are assigned to a specific island and spend the summer serving outdoors at various environmental organization sites. Teams are led by Team Leaders who help to coordinate workdays with sites, set the daily agenda and provide mentorship and guidance to Team Members. Upon completion of the program, many members leave with new skills and greater self-confidence, as a result of their involvement in rigorous fieldwork, cultural education, place-based learning, vocational training and leadership development activities. In addition to learning the fundamentals of natural resource stewardship, participants are also eligible to receive college credit, monetary stipends and AmeriCorps education scholarships to support higher education goals.

**HYCC Community Program** The Hawaii Youth Conservation Corps (HYCC) Community program is an Oahu-based program that serves under-resourced youth and young adults, and prepares them for the workforce by providing them with life skills and vocational training, green job and volunteer opportunities, mentorship and support to inspire them to impact their local communities through service. Similar to the HYCC Summer program, HYCC Community participants work in teams with an adult team leader, and engage in culturally significant activities across the island, including out-planting native species, farming in the lo'i kalo (taro fields) and restoring loko i'a (traditional fishponds). These experiences offer participants a supportive setting in which to gain a sense of place, self-awareness and contemplate future aspirations. The program also includes alternative high school diploma classes that offer participants the opportunity to achieve their secondary education degree in an engaging, experiential-learning setting.

**Conservation Leadership Development Program** The Conservation Leadership Development Program creates rigorous, entry-level opportunities for young professionals that want to commit to a career in conservation. Many participants are alumni of other program opportunities such as HYCC Summer and/or have previous experience in the conservation field via higher education, internships, volunteer work, etc. Open to young adults ages 17 and over, participants are placed at an environmental organization for about one year where they assist with projects that enhance their knowledge of the conservation field and build skills which will further their careers. In addition to gaining valuable insight in the conservation field, members also receive a living allowance and an AmeriCorps education award.

**Environmental Education Leaders Program** Kupu created the Environmental Education Leadership Development Program in order to meet the growing demand for environmental education in public schools on Oahu. College graduates 21 and over may apply. Selected participants are placed at one more schools where they support teachers in providing innovative ways to inspire students' curiosity about Hawaii's natural and cultural resources. Across the island, participants have helped implement school gardens, arranged volunteer groups and recycling programs, build aquaponics/hydroponics systems, provided support for outdoor field trips, created curricula to increase scientific exploration and environmental literacy, and connected youth to mentorship possibilities through a state-led forest restoration program. Participants also receive a living allowance and an AmeriCorps education award upon program completion.

**Kōkua Camp** The Environmental Education Leadership Development Program also houses Kupu's Kōkua Camp, a program intended for Hawaii youth, ages 12-17 years old who want to learn about Hawaii's cultural and natural resources through hands on experiential project based learning. The program is scheduled Monday through Friday 8:00 am – 3:00 pm. Participants will travel to various conservation and cultural sites across Oahu learning about the importance of mālama 'āina. Each week has a different theme and will be focused on that theme with specific activities, lessons, topics, places visited, and interaction with professionals/experts in related career fields. The four major themes are kai, wai, 'āina, and lani.

**AmeriCorps VISTA** AmeriCorps VISTA is an anti-poverty program that provides full-time volunteers to non-profit organizations, educational institutions, and local governmental agencies that serve low-income communities. Since 1965, over 220,000 VISTA members have served in all 50 states and U.S. Territories in tribal, rural, suburban, and urban communities. The VISTA model is driven by communities in need. Members help others while gaining skills for their career by building capacity of the organizations they serve. Their goal is to expand the capacity of local efforts to address community challenges and to develop initiatives that enable people to become self-sufficient and secure.

**Hawaii Youth Sustainability Challenge (HYSC)** A program of Kupu and Kōkua Hawaii Foundation, the Hawaii Youth Sustainability Challenge is an initiative to empower Hawaii youth to create solutions to conservation and sustainability challenges in their schools and communities. Students in public, private, and charter schools from grades 6-12 apply to receive funding, mentorship, and training to support their innovative and grassroots environmental initiatives. These projects will create new and sustainable solutions for their schools and communities.

You can learn more about Kupu at our website [kupu.hawaii.org](http://kupu.hawaii.org), or follow us on facebook and instagram.

# Calendar of Events

Please follow Resource Families Support Services on Facebook at [www.facebook.com/FPH.RFSS](https://www.facebook.com/FPH.RFSS) for additional information about services and events.

Due to the ever evolving situation surrounding COVID-19, Resource Families Support Services will offer online webinar trainings and support groups through the month of April. We are tentatively planning to resume in-person events starting in the month of May. However, we will continue to monitor the situation and follow state guidelines and implement any changes that are necessary. Fourth quarter in-person training on each island will be tentatively planned for mid-May through June. For more information, please call the Warm Line at 1-866-545-0882

## STATEWIDE

- Apr 8 (Wed)** **Dealing with Power Struggles** (Webinar Training): 10:00am-11:30am. Call the Warm Line at 1-866-545 0882 by 4/1 for online registration instructions.
- Apr 16 (Thurs)** **A Closer Look at Building Emotional Regulation Skills** (Webinar Training): 6:30pm -8:00pm. Call the Warm Line at 1-866-545 0882 by 4/9 for online registration instructions.
- Apr 24 (Fri)** **A Closer Look at Building Resiliency and Healing Trauma** (Webinar Training): 6:30pm -8:00pm. Call the Warm Line at 1-866-545 0882 by 4/17 for online registration instructions.
- Apr 30 (Thurs)** **A follow-up on the Importance of Self-Care for Kids and Caregivers** (Webinar Training): 10:00am-11:30am. Call the Warm Line at 1-866-545 0882 by 4/23 for online registration instructions.
- Date TBD** **Promoting Attachment with Children Impacted by Child Abuse and Neglect** (Webinar Training): Time: TBD. Call the Warm Line at 1-866-545 0882 for more information.
- Date TBD** **Caregivers and the Court** (Webinar Training): Time: TBD. Call the Warm Line at 1-866-545 0882 for more information.
- Date TBD** **Online Grandparents Raising Grandchildren Support Group**: 6:00pm-8:00pm. Zoom Web-Conference. Contact the Warm Line at 1-866-545-0882 for more information.

## O'AHU

- Apr 30 (Thurs)** **Central Oahu Online Resource Families Support Group**: 6:00pm-8:00pm. RSVP to FPH at (808) 540-2538 by 4/23.
- May 8 (Fri)** **Windward Resource Families Support Group**: 6:00pm-8:30pm. Location: TBD. RSVP to FPH at (808) 540-2538 by 5/1.
- May 9 (Sat)** **Waianae 'Ohana Navigator Family Event**: 11:00am-1:00pm. Location: TBD. RSVP to FPH at (808) 540-2538 by 5/1.
- May 28 (Thurs)** **Central Oahu Resource Families Support Group**: 5:30pm-8:00pm. Location: TBD. RSVP to FPH at (808) 540-2538 by 5/21.
- May 29 (Fri)** **Waianae Resource Families Support Group**: 5:30pm-8:00pm. Maili Learning Center. RSVP to FPH at (808) 540-2538 by 5/22.
- Jun 6 (Sat)** **Waianae 'Ohana Navigator Family Event**: 11:00am-1:00pm. Location: TBD. RSVP to FPH at (808) 540-2538 by 5/29.
- June 25 (Thurs)** **Central Oahu Resource Families Support Group**: 5:30pm-8:00pm. Location: TBD. RSVP to FPH at (808) 540-2538 by 6/16.

## EAST HAWAI'I

- Apr 18 (Sat)** **Hilo Online Resource Families Support Group**: 12:30pm-2:30pm. RSVP to the Warm Line at 1-866-545-0882 by 4/10.
- May 2 (Sat)** **Hilo Resource Families Support Group**: 12:00pm-2:30pm. Christ Lutheran Church. RSVP to the Warm Line at 1-866-545-0882 by 4/24.
- May 30 (Sat)** **Hilo 'Ohana Navigator Family Event**: 11:00am-1:00pm. Location: TBD. RSVP to the Warm Line at 1-866-545-0882 by 5/22.
- Jun 13 (Sat)** **Hilo Resource Families Support Group**: 12:00pm-2:30pm. Christ Lutheran Church. RSVP to the Warm Line at 1-866-545-0882 by 6/5.
- Jun 20 (Sat)** **Hilo 'Ohana Navigator Family Event**: 11:00am-1:00pm. Location: TBD. Call the Warm Line at 1-866-545-0882 for more information.

## WEST HAWAI'I

- May 18 (Mon)** **Kona Resources Families Support Event**: 5:30pm – 8:00pm. Location TBD. RSVP to the Warm Line at 1-866-545-0882 by 5/11.



# Calendar of Events con't

**June 27 (Sat)** Kona Resources Families Support Event: Time & Location TBD. RSVP to the Warm Line at 1-866-545-0882 by 6/19.

## KAUA'I

**May 14 (Thurs)** Kauai Resource Families Support Group: 5:30pm-8:00pm. District Health Office. RSVP to the Warm Line at 1-866-545-0882 by 5/7.

## MAUI

**Apr 23 (Thurs)** Maui Online Resource Families Support Group: 6:00pm-8:00pm. RSVP to the Warm Line at 1-866-545-0882 by 4/16.

**May 7 (Thurs)** Maui Resource Families Support Group: 5:30pm-8:00pm. Location: TBD. RSVP to the Warm Line at 1-866-545-0882 by 4/30.

**June 18 (Thurs)** Maui Resource Families Support Group: 6:00pm-8:00pm. Location: TBD. RSVP to the Warm Line at 1-866-545-0882 by 6/11.

## MOLOKAI

**May 11 (Mon)** Molokai Resource Families Support Event: Details TBD. Call the Warm Line at 1-866-545-0882 for more information.

## LANAI

**Jun - TBD** Lanai Resource Families Support Event: Details TBD. Call the Warm Line at 1-866-545-0882 for more information.

**'Imi 'Ike provides FREE educational services, including tutoring, for current/former foster, kinship youth in East Hawaii**

**Note: Due to Covid-19 concerns, 'Imi 'Ike tutoring services are now virtual, mostly 1:1 sessions**

## **'Imi 'Ike – to search for knowledge**

*Serving Hawai'i's youth currently or formerly in foster, kith, or kinship care*

### **Our Mission**

We are committed to the belief that all youth shall have equal access to a quality education that builds knowledge, confidence, and opens doors to endless possibilities.

### **Tutoring and More**

'Imi 'Ike provides differentiated educational and related support services to youth formerly or currently in foster, kith, or kinship care for kindergarten through college age. Enrollment is limited and on a first-come first-served basis.

### **Sites**

Hilo Learning Center  
Aloha Building  
234 Wai'anunue Avenue #212  
Hilo, HI 96720  
Also in KEA'AU, various locations  
(Monday - Saturday)

**Call (808)676-3331 to enroll!**

### **Our Array of Services**

- Tutoring (1-to-1, 1-to-2, small group)
- Comprehensive and differentiated education plans
- Quarterly assessments to track incremental progress
- Extended-day academic and enrichment programs
- Intersession programs

### **Our Approach**

Our tutoring approach is unique: we address students' behavioral, social, emotional, and cultural needs as comprehensively as their academic needs. We incorporate a team approach and remain in close communication with you, your child, and your child's team.

A Program of the EPIC Foundation and funded in part by:  
Office of Hawaiian Affairs  
USDOE Native Hawaiian Education Program

## **FUN STUFF COMING UP!**

*A Walk for Cause:  
Sponsoring Partners in Development  
Hui Ho'omalū*

# **CARE FOR KEIKI**

Located at the Grand Naniloa Driving Range

**AUGUST 29, 2020 | 9:00AM Walk Starts**

Activities to follow: Live music, keiki entertainment and much more! Please join us!



PARTNERS IN DEVELOPMENT FOUNDATION

2040 Bachelot St.

Honolulu, Hawai'i 96817-2433

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U.S. POSTAGE PAID  
HONOLULU, HI  
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## Statewide Glue Committee

2040 Bachelot St.  
Honolulu, HI 96817-2433

441-1121 (O'ahu)  
888-879-8970 (Toll Free)  
Fax: 441-1122

E-mail:  
RAC@pidfoundation.org

## IMPORTANT NUMBERS:

To report suspected Child  
Abuse and/or Neglect:  
1-888-380-3088

To report suspected Human  
Trafficking of Children:  
1-888-398-1188

Toll-free Fax: 1-888-988-6638

Available 24 hours a day, 7 days  
a week

*The concept for the Statewide Glue Committee (not an acronym) was created by the Department of Human Services (DHS) as a means to support the resource family community. Hui Ho'omalua facilitates this committee comprised of adoptive parents, resource caregivers and various community agencies, all dedicated to providing services and support to Hawai'i's keiki and the resource families who care for them. The purpose of Glue is to identify ongoing needs, facilitate communication, share resources, provide information through a statewide calendar of events and a quarterly newsletter and report on local projects and other topics of interest to benefit Hawai'i's resource families. In February 2020, the committee (formerly known as the Resource Advisory Committee (RAC)) became a collaboration that now includes the Foster Care Appreciation Committee (formerly known as the Foster Care Training Committee), Hawaii Adoption and Permanency Alliance (HAPA), GLUE Committee, and the RAC Committee so we can better serve children and families together.*

*This committee, the newsletter and many of the represented agencies are supported and funded by Department of Human Services contracts.*

### Glue Committee Members:

*State of Hawai'i Department of Human Services ~ Partners In Development Foundation  
Catholic Charities Hawai'i ~ Family Programs Hawai'i  
EPIC, Inc. 'Ohana Conferencing ~ Family Court ~ Hale Kipa ~ Hawaii International Child  
Child and Family Service ~ Better Together Hawaii ~ Epic Foundation  
Resource Caregivers ~ Adoptive Parents ~ Former Foster Youth*