



HAWAII STATE
COMMISSION
ON THE STATUS OF WOMEN

Chair
LESLIE WILKINS

COMMISSIONERS:
SHERRY CAMPAGNA
CYD HOFFELD
JUDY KERN
MARILYN B. LEE
AMY MONK
LISA ELLEN SMITH

Executive Director
KHARA JABOLA-CAROLUS

Visit us at: humanservices.hawaii.gov/hscsw/

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HAWAII STATE COMMISSION ON THE STATUS OF WOMEN
PUBLIC MEETING & EXECUTIVE SESSION
THURSDAY, OCTOBER 18, 2018
9:00 AM – 11:00 AM
LEIOPAPA A KAMEHAMEHA BUILDING
235 S. BERETANIA STREET, HONOLULU, HAWAII 96813
4th FLOOR CONFERENCE ROOM 405

- I. PUBLIC NOTICE, CALL TO ORDER, ESTABLISH QUORUM
- II. REVIEW AND APPROVAL OF MINUTES FROM THE MAY 17, 2018 MEETING
- III. PUBLIC COMMENT
 - A. Any person may submit testimony on any agenda item. Members of the public may join Commission members at the identified location above.
- IV. REPORTS
 - A. Chair's Report
 1. National Association of Commissions for Women (NACW) Annual Conference in Los Angeles, CA, August 2018, Report/Debrief
 - a. Congratulations to HSCSW on Program Award
 - b. Congratulations to Khara Jabola-Carolus on her election to the NACW Board of Directors
 - B. Executive Director's Report
 1. Budget
 2. Community Programs & Research
 3. Permanent Secretary Hire
 4. Legislative Planning and Programming
 - C. State Commissioners Reports and Updates
- V. EXECUTIVE SESSION: The Commission anticipates going into Executive Session pursuant to HRS 92-5 (a)(2) and HRS 367-2.5 to discuss the extension of the current Executive Director's tenure.
- VI. ADJOURNMENT

LEIUTENANT GOVERNOR &
GOVERNOR

'18 OCT 12 10:20

Hawai'i State Commission on the Status of Women
Public Meeting Minutes
Thursday, May 17, 2018; 11:00 a.m. – 1:00 p.m.
Leiopapa A. Kamehameha Building
235 S. Beretania Street, Honolulu, Hawai'i 96813
4th Floor Conference Room 405

Members Present: Leslie Wilkins (LW), Amy Monk (AM), Marilyn Lee (ML), Cyd Hoffeld (CH)

Members Excused: Lisa Ellen Smith, Sherry Campagna, Judy Kern

Staff: Khara Jabola-Carolus (KJC)

Ex-Officio: Beverly Munson (Honolulu Committee on the Status of Women)

Members of the Public: Dr. Kealoha Fox (Office of Hawai'iian Affairs)

I. Presentation of Haumea Women's Health Report by Dr. Kealoha Fox

- A. Report is part of 3-part series of which Haumea report is one; next report will be on family and LGBT members; Haumea shows systemic crisis around women and girls across six component areas.

II. Public Notice, Call to Order

- A. 11:24 a.m. Quorum Declared - ML, CH, AM, LW

III. Commissioner Introductions

- A. LW:
 - 1. Invites Dr. Fox for outreach presentations on Maui to women's consortium
 - 2. Plans to leverage federal Workforce Innovation Act to help transition for women.
 - 3. Schedule lunch w/ Khara and key stakeholders; OHA funder of Fernhurst Program

IV. Review and approval of minutes

- A. CH issues Motion to accept minutes for Jan. 30, 2018 - ADOPTED
- B. LW enters Motion to accept minutes for Feb. 13, 2018 - ADOPTED
- C. LW enters Motion to accept minutes Apr. 12, 2018 with editorial correction for Tina Chan misspelled—> Chen – ADOPTED

V. Chair's Report

- A. Review of NACW logistics
 - 1. KJC is requested to remain one extra day until August 6 at NACW to run for national board office w/ NACW (three seats/state). Must fill nomination form on-site or in advance
- B. LW motion for KJC and Laney to review NACW award criteria. Deadline to apply for an NACW award is July 1 – ADOPTED

VI. Directors' Report

- A. ML motion to transfer from personnel to operational **\$5,000** for Westlaw - ADOPTED
- B. LW motion to transfer personnel to operating budget to cover estimate **\$16,000** budget for seven (7) current HSCSW members confirmed NACW (KJC plus all Commissioners except ML) - ADOPTED

1. Registration = \$3,500
 2. Airfare = \$5,600
 3. Per diem = \$6,090
 4. TOTAL = \$16,000
- C. LW motion to approve Total 6 registration = **\$3,000** - ADOPTED
1. Three representatives from Kaua`i
 2. One representative from Maui – Kate Griffiths
 3. One representative from Hawai`i Island
 4. One from Honolulu
- D. Commissioners agreed to hear Kahala Motoyama present her findings as a former Equal Employment Opportunity/Affirmative Action Office, Department of Transportation, in a meeting after August 1, 2018.

VII. Sponsorships

- A. LW motion to fund **\$2,000** Patsy Mink Leadership and YWCA Oahu - ADOPTED
1. With proviso that we are co-sponsor and get to do a training
 2. Expand their recruitment beyond private schools, targeted recruitment for public school girls
- B. In lieu of the Kaua`i Committee on the Status of Women's \$5,000 request for funding of NACW travel, registration, etc. Commission will pay for registration for three of their Committee Members.

VIII. Allocation of Remaining Personnel Funds

- A. LW motion to move remaining personnel money to give authorization to upgrade technical capacity of the office because we are the portal for women's communications throughout the state for connectivity, videoconferencing – ADOPTED

IX. Next Meeting

- A. Commission would like to meet again sometime in June or July.

X. Adjournment -



5.18.18 -
Handouts.pdf

CSW Sponsorship Requests

Last Updated: 10.9.18

REQUEST DATE	ORGANIZATION	DESCRIPTION	AMOUNT REQUESTED	MEETING REVIEWED	AMOUNT APPROVED	NOTES	AWARD NOTICE / REQ FOR INVOICE SENT?	INVOICE RECEIVED?	PO SUBMITTED/ PO #?	PAID?
			\$0		\$0					
			TOTAL REQUESTED		TOTAL APPROVED					
Already Paid										
1.13.18	Hawaii Children's Action Network	PFL planning meetings, public education materials, and outreach events	\$5,000	1.13.18	\$3,000			4.10.18	4.12.18 41836430	4.25.18- Deb confirmed w/ KJC paid
1.26.18	Hawaii State Coalition Against Domestic Violence	Daysha Aiona Aka Fly to Freedom Fund	\$10,000	2.13.18	\$5,000			5.11.18 5.14.18 M	5.15.18 41836439	5.23.18
2.1.18	Hawai'i Women in Filmmaking and Sex Abuse Treatment Center Hawai'i	Embrace Your Voice Reel Camp for Girls Program	\$6,000	2.13.18	\$4,000			5.14.18	5.15.18 41836437	5.23.18
2.23.18	YWCA Kauai	a. YU Financial Literacy (\$1,950) b. Financial Empowerment Conference (\$2,200) c. Women's Leadership (\$2,200) d. Women's Empowerment Workshops (\$1,600)	\$7,950	4.12.18	\$5,565			5.14.18	5.15.18 41836440	5.23.18
3.29.18	ALEA Bridge Day	ALEA Women's Bridge Day	\$1,000	4.12.18	\$500			5.14.18	5.15.18 41836438	5.23.18

REQUEST DATE	ORGANIZATION	DESCRIPTION	AMOUNT REQUESTED	MEETING REVIEWED	AMOUNT APPROVED	NOTES	AWARD NOTICE / REQ FOR INVOICE SENT?	INVOICE RECEIVED?	PO SUBMITTED/ PO #?	PAID?
1.26.18	Maui County Committee on the Status of Women	1. Domestic Violence Awareness Fair (\$500) 2. Women of Excellence Awards (\$900) 3. Committee Travel Expenses (\$1,350) 4. Hosting of Round Table Discussion of CSW Representations Statewide (\$500) 5. Voter Registration (\$1,200) 6. Outstanding Women in Science, Technology, Engineering, and Math (STEM) (\$1,000).	\$5,450	2.13.18	\$6,000			5.23.18	6.1.18 41836444	6.6.18
5.7.18	YWCA O`ahu & Patsy T. Mink Center for Business and Leadership	Girls' Summit 2018	\$2,000	5.17.18	\$2,000			5.21.18	5.24.18 41836442	5.30.18
6.4.18	Friends of Future	1. Equal pay day advocay (\$1,650) 2. Real women essay contest (\$500)	\$2,150	6.7.18 KJC approved	\$2,150			6.7.18	6.8.18 41836450	6.13.18
6.14.18	ALEA Bridge	9.15.18 Women's day event	\$500	6.15.18 KJC approved	\$500			6.14.18	6.15.18 41836455	6.22.18

REQUEST DATE	ORGANIZATION	DESCRIPTION	AMOUNT REQUESTED	MEETING REVIEWED	AMOUNT APPROVED	NOTES	AWARD NOTICE / REQ FOR INVOICE SENT?	INVOICE RECEIVED?	PO SUBMITTED/ PO #?	PAID?
6.7.18	Legal Aid Society of Hawai'i	7.21.18 Micronesia Women Empowerment Day	\$2,000	6.15.18 KJC approved	\$2,000			6.13.18	6.15.18 41836457	7.3.18

\$30,715.00 Total Paid

Withdrawn										
2.8.18	Breastfeeding Hawaii	Website launch	\$2,000	4.12.18	\$500					
3.15.18	Hawai'i County Committee on the Status of Women	a. Equal Pay Day (\$1,650) b. Real Women Creative Writing Essay Contest Luncheon (\$500)	\$2,150	4.12.18	\$2,150					
4.19.18	Kaua'i Committee on the Status of Women (reiterated from 9.22.17 request)	NACW Conference: defray registration and travel costs	\$5,000	5.17.18	\$0					
Unable to Approve										
8.23.18	Hawai'i Island Women's Leadership Forum	Summit "Courage to Dream"	\$2,500	n/a	\$0					
			\$11,650.00		\$2,650.00	Total Withdrawn				

Funds Available by Quarter
For SFY 2019
As of October 16, 2018

	<u>July - Sept 2018</u>	<u>Oct - Dec 2018</u>	<u>Jan - Mar 2019</u>	<u>Apr - June 2019</u>	<u>SFY 2019 Total</u>
Payroll:					
Quarterly Funds	28,126.00	28,126.00	28,126.00	28,126.00	112,504.00
Expenditures	(29,781.92)				(29,781.92)
Salary adj	1,276.00	1,277.00	1,277.00	1,277.00	5,107.00
Transfers (reversions)					-
Balance	<u>(379.92)</u>	<u>29,403.00</u>	<u>29,403.00</u>	<u>29,403.00</u>	<u>87,829.08</u>
		29,023.08			
Other Current:					
Quarterly Funds	11,924.00	11,925.00	11,925.00	11,925.00	47,699.00
Expenditures	(7,362.68)	(1,320.74)			(8,683.42)
Encumbrances					-
Emergency Restriction					-
Transfers (reversions)					-
Transfers (reversions)					-
Balance	<u>4,561.32</u>	<u>10,604.26</u>	<u>11,925.00</u>	<u>11,925.00</u>	<u>39,015.58</u>
Total Payroll & Other Current funds available					<u><u>165,310.00</u></u>

Total funds appropriated by Legislature:

Payroll	112,504.00
Collective Bargaining	5,107.00
Less transfer to "Others"	-
Funds available	<u>117,611.00</u>
Other Current	55,820.00
Less restrictions	(8,121.00)
Released Contingency Restriction	
Add transfer from "Payroll"	
Funds available	<u>47,699.00</u>

July - Sept 2018 (As of 9.4.18-9.30.18)

Other Current:	
Quarterly Funds	11,924.00
Expenditures	(4,979.31)
<i>Remaining budget as of 9.4.18:</i>	<i>6,944.69</i>
 (pending) Monk Reimb	 (1,444.80)
(pending) Hoffeld Reimb	(1,320.74)
(pending) Smith Reimb	(710.30)
Aug SAR	(941.76)
Est Sept SAR	(1,000.00)
Est Kern Reimb	(1,355.69)
 Balance	 <u>171.40</u>

July - Sept 2018 (As of 10.1.18)

Other Current:	
Quarterly Funds	11,924.00
Expenditures	(7,362.68)
<i>Remaining budget as of 10.1.18:</i>	<i>4,561.32</i>
 Sept SAR	 (208.08)
Est Kern Reimb	(1,355.69)
(pending) Hoffeld Reimb	(1,320.74)
Est Jabola-Carolus Reimb	(1,467.05)
 Balance	 <u>209.76</u>

Oct - Dec 2018 (As of 10.16.18)

Other Current:	
Quarterly Funds	11,925.00
Expenditures	(1,320.74)
<i>Remaining budget as of 10.16.18:</i>	<i>10,604.26</i>
 (pending) Jabola-Carolus Reimb	 (1,467.05)
Kern Reimb	(1,355.69)
Est Oct SAR	(1,000.00)
Est Wilkins Reimb	(1,588.00)
 Balance	 <u>5,193.52</u>
For Nov/Dec 2018	

On Nov. 1st we can "revert" (transfer) extra funds from first quarter	4561.32
	<hr/>
New Balance For Nov/Dec 2018 after Nov. 1st	<u>9,754.84</u>

2018 Hawai'i Island Services Directory for Families

This service directory is provided by the Hawai'i County Committee on the Status of Women,
University of Hawai'i at Hilo - Division of Student Affairs and Office of the Prosecuting Attorney

POLICE / FIRE / AMBULANCE

POLICE/FIRE/AMBULANCE911 Police: Non-Emergency/Information and Complaints 935-3311
Hawaii Poison Hotline1-800-222-1222

HOSPITALS AND CLINICS

Hale Ho'ola Hamakua932-4100
Hamakua-Kohala Health (Honokaa)775-7204
Hamakua-Kohala Health (Kapaau)889-6236
Hilo Medical Center932-3000
Ka'u Hospital (Pahala)932-4200
Ka'u Rural Health Clinic932-4205
Kohala Hospital (Kapaau)889-6211
Kona Community Hospital (Kealahakua)322-9311
North Hawaii Community Hospital (Waimea)885-4444
Puna Community Medical Center930-6001
West Hawaii Community Health Center326-5629
West Hawaii Keiki Health Center (Medical and Dental)323-8006
West Hawaii Community Health Center Dental (Adults)355-5600

Bay Clinic

Acute and continuing care for illnesses and injuries. Family planning, screening for sexually transmitted diseases. Cancer screening. Sliding scale fee.

www.bayclinic.org

Hilo Family Health Center969-1427
Hilo Family Dental Center333-3600
Hilo Women's Health Center333-3500
Ka'u Family Health and Dental Center929-7311
Keaau Family Health and Dental Center930-0400
Pahoa Family Health Center965-9711
Pahoa Women's and Children's Health Center965-3038

Hui Malama Ola Na OIwi Primary Care Clinic

Primary medical care services. All insurances accepted. Sliding scale fee.

Hilo969-9220

Kapiolani Medical Center for Women and Children1-808-983-6000

Shriners Hospital for Children

Pediatric orthopedic specialty care. Free Services. Information, support & neurological

<http://www.shrinershospitalsforchildren.org/Hospitals/Locations/Honolulu.aspx>

Oahu1-808-888-6314

EMERGENCY SHELTERS

Hale Ohana Spouse Abuse Shelter

Hilo (24-Hours)959-8864

Mental Health Kokua

Provides affordable housing for adults with mental illness. Offers onsite support services. By referral only.

Hilo935-7167

Kona331-1468

Access Line1-800-753-6879

Salvation Army Family Intervention Services

Support to youth and families in developing mutual respect, support, and personal growth. Providing community outreach, academic success, prevention/intervention activities, crisis counseling, and residential services.

Hilo (Islandwide)959-5855

Fax959-2301

West Hawaii Domestic Abuse Shelter

Kona 24-Hour Crisis Hotline322-7233

WEBSITES

State of Hawaii ehawaii.gov

Hawaii County www.hawaiicounty.gov

Love Shouldn't Hurt <http://ywcahawaiiisland.org/what-we-do/teen-dating>

HELP FOR CHILDREN

Catholic Charities Hawaii

Therapeutic Foster Care (Hilo)961-7000

Child Family Service

Providing emergency crisis service through ACCESS line 800-753-6879. Sex abuse treatment service therapeutic foster home program. Alternatives to Violence - ATV.

Hilo935-2188

Kona323-2664

Child Welfare Services/DHS

Provides protective intervention services to prevent child abuse and/or neglect.

Hilo: Case Management & Investigation (office)933-0650

Hilo: E. Hawaii Child Welfare Services, and Licensing933-0350

Islandwide Child Abuse Reporting (24-Hours)1-800-494-3991

West Hawaii327-4787

Children and Adolescent Mental Health Division/DOH

Focus upon special education children with severe emotional disturbances and others who meet certain criteria.

Hilo974-6006

Kona322-4880

Waimea887-8114

Children's Justice Center

Provides a non-threatening environment to alleged child victims of abuse for the purpose of conducting forensic interviews by trained forensic interviewers.

Hilo933-1505

Kona329-5261

Community Services for the Developmentally Disabled/DOH

For children & adults who have intellectual disabilities.

Hilo974-4280

Kona327-6212

Waimea887-8118

Easter Seals Hawaii

Early intervention services for ages 0-3 years.

Hilo961-3081

Family Support Hawaii

Provides infant/toddler home visitation programs, parent education services, youth development and outreach programs, enhancement of parent/school involvement, fatherhood program, and a family center for information and referrals.

familysupporthawaii.org

Kona Office326-7778

Fax326-4063

Waimea office885-0086

Kealahakua Office323-3303

Hilo Medical Center Extended Care Facility

Assisting Hilo families with LTC.

Hilo932-3570

Neighborhood Place of Kona

Focus on the well-being of children and families. Prevention of child abuse and neglect in the West Hawaii Community. Referrals.

Kona331-8777

Fax331-8774

Email: info@npkona.org

Neighborhood Place of Puna

Focus on the well-being of children and families. Prevention of child abuse and neglect in the Puna Community. Referrals.

Puna965-5550

Fax965-5109

Email: info@neighborhoodplace.org

The Parent Line

Free statewide confidential telephone line, which offers support and information to parents and other caregivers.

Oahu	1-808-526-1222
Neighbor Islands (Toll Free)	1-800-816-1222

Partners in Development Foundation, HUI HO'OMALU

Contracted by DHS for foster care recruitment and training.

Hilo	987-5988
Kona	896-3829
Oahu	1-808-441-1117
Neighbor Islands (Toll Free)	1-888-879-8970

P.A.T.C.H.: People Attentive to Children

Referral of childcare providers in specific areas. Offering various levels of training for individuals in the Early Childhood field and those interested in starting a child care business in their homes and training for parents.

Hilo	961-3169
Kona	322-3500

Project Hawaii, Inc.

Provides free services to children in homeless situations, with outreach personal hygiene, meals, food, clothing & other emergency needs.

Keaau	987-6018
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Queen Liliuokalani Children's Center

Fulfilling the Queen's mission with commitment to the orphan and destitute children in the state of Hawaii, with preference given to those of Hawaiian ancestry.

Hilo	935-9381
Kona	329-7336
Waimea	887-0640

W.I.C. (Women, Infants and Children):

Program that assists with supplemental/nutritional needs of pregnant, postpartum or breastfeeding women and infants/children under age 5.

Hilo	974-4270
Kona	322-4888
Pahoa/Ka'u	965-3030

The Island of Hawaii YMCA

Unique programming focus and clientele from pre-school, childcare services, after school services and health and fitness.

Hilo	935-3721
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YMCA Family Visitation Centers

Providing safe and neutral environments where parents can visit with children when there is a restraining order or when other concerns exist about the safety of unsupervised visits during custody disputes or instances of family violence and abuse.

Hilo	464-4020
Fax	969-1772

YWCA Healthy Start Program

Self/Agency referred. Outreach services, newborn to 3 years.

Hilo	961-3877
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TEEN SERVICES

Bay Clinic ~ Teen Clinic Services (www.bayclinic.org)

Pregnancy testing, birth control pills, shots, implants, IUDs, condoms, and Emergency Contraception. Testing and treatment for sexually transmitted diseases for males and females. Free, confidential services and referrals for ages 14-18 years.

Hilo Women's Health Center-Teen Clinic	333-3500
Ka'u Family Health Center-Teen Clinic	929-7311
Keaau Family Health Center-Teen Clinic	930-0400
Pahoa Family Health Center-Teen Clinic	965-9711

Hamakua-Kohala Health (Honokaa) – Family planning appointments.....775-7204

Hamakua-Kohala Health (Kapaa) – Family planning appointments.....889-6236

PTeen Clinic Services

DOE program with pre- and post-natal care. Referrals through school counselors.

Konawacna High School	329-3433
Kealakehe High School	327-4300

Love is Respect.org www.loveisrespect.org..... 1-866-331-9474

Domestic Violence Action Center-Teen Alert Program (<http://tap808.org>)

Oahu	1-808-531-3771
Neighbor Island	1-800-690-6200

SUPPORT SERVICES

Adult Protective Services/DHS

Provides protective services to abused, neglected, or financially exploited dependent adults, ages 18 or older.

Hilo	933-8820
Fax	933-8859
Kona	327-6280
Fax	327-6292

Aloha Independent Living Hawaii

Serves individuals with disabilities by providing information and referral, peer counseling, advocacy and independent living skills training.

Hilo	339-7297
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Alu Like, Inc.

Services to Hawaiians. Information and referrals, employment and training, job counseling and placement, technical assistance and education.

Hilo	961-2625
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Alzheimer's Association

Provides reliable information about Alzheimer's disease and related dementias, caregiving issues, and community resources; workshops and training; Safe Return 24/7 wanderer's registry; and support groups to improve the quality of life for the person with the disease, their families and caregivers, care consultation 24/7 information. www.alz.org/hawaii

Hilo	981-2111
24/7 Help-line	1-800-272-3900

Apria Home Health Care

Provides complete respiratory and durable medical equipment and supplies for home patients.

Hilo	969-1211
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ARC of Hilo

Serves people with disabilities with education, vocational and skill training; provides employment and residential help.

Hilo	935-8535
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ARC of Kona	323-2626
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Big Island Substance Abuse Council (BISAC)

Self/Court referred, individual counseling, group counseling, outpatient services, therapeutic living program and clean and sober housing.

Hilo	935-4927
Keaau	969-9994

Case Management Works

Provides case management for individuals with work-related disabilities.

Hilo	961-5590
Fax	961-5101

Child Family Service – Alternatives to Violence

Peer counseling, education groups and legal help for women and children. Advocacy and help for battered women. Court mandated groups.

Hilo (Islandwide)	935-2188
Kealakekua	322-3266

Crisis Line of Hawaii

Suicide hotline, referrals and outreach for youth and adults.

Islandwide (24-Hours)	1-800-753-6879
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Division of Vocational Rehabilitation Services

Program for individuals with disabilities who require assistance with employment.

Hilo	974-6444
Kona	323-0025

Domestic Violence Action Center www.stoptheviolence.org

Email: dvac@stoptheviolence.org

Food Basket

Hilo	933-6030
Kona	322-1418

Hawaii Island Adult Care

Provide day care for elderly adults and adults with Alzheimer's and dementia.

Hilo	961-3747
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Hawaii Island HIV/AIDS Foundation

Support, information, and referrals. Free, anonymous HIV/HCV testing.

Hilo	982-8800
Kona	331-8177

HeleOn Bus

Provides public transportation through the Island of Hawaii.

Hilo 961-8744

Hilo United Methodist Church Peanut Butter Ministry

Provides hot dinners for homeless, and anyone in need.

Hilo 935-2144

Email: hiloumc@hotmail.com

HOPE Services Hawaii

Homeless outreach, mental health outreach, drop-in centers, emergency and transitional housing programs, permanent supportive housing programs, representative payee services and SNAP (formerly food stamps) outreach.

Hilo 935-3050

Hospice Programs

Emotional support, counseling, psychological and social recreation for terminally ill persons and their families. Periodic in-home health nursing services. 24-Hour.

Hilo 969-1733

Kona 324-7700

North Hawaii 885-7547

Hui Malama Ola Na OIwi

Health enhancement services, including disease prevention, health education, family health, health risk screenings, primary care, and traditional healing practices.

Captain Cook 323-3618

Hilo 969-9220

Ka'u 929-9700

Pahoa 965-5521

Waimea 885-0489

Ka'u Rural Health Community Association

A resource and distance learning center providing individual and family support.

www.krhc.ai

Ka'u 928-0101

Kona Community Hospital Lactation Center

Provides advice and support to mothers who are breastfeeding..... 322-4482

La Leche League

Advice, education, midwife services and support to mothers who are breastfeeding.

Kona 325-3055

East Hawaii & Ka'u 265-1416

Lokahi Treatment Centers

Addresses mental health, substance abuse, dependency, addiction problems, domestic violence intervention and anger-management services islandwide.

Hilo 969-9292

Honokaa 775-7707

Kohala 889-5099

Kona 331-1175

Pahoa 965-5535

Waikoloa 883-0922

Maternal and Child Support Services

Health information and referral, emphasis is on maternal and child health.

Hilo 974-4291

McKenna Recovery Center

Provides outpatient drug and alcohol treatment and assessments. Offers education, group and individual therapy. Provides DUI assessments and treatment, drug dependence program, treatment for relapse, crisis intervention, depression, and other mental health issues. Offers programs for adolescents and adults.

Hilo 969-7577

Meals on Wheels

Provides home delivered meals to homebound individuals, age 60+

Hilo 961-8726

Mental Health America of Hawaii

Provides daily Help Line to assist callers in finding the help they need and a statewide directory of over 700 agencies and organizations.

Neighbor Islands (Toll Free) 1-800-753-6879

Office of Aging

Responsible for planning, coordinating, advocacy, and administration of programs for older persons in Hawaii County.

Hilo 961-8600

Kona 323-4390

Ohana Counseling Services: Alcohol and Addictions Program

Counseling for potential users. Adult out-patient drug rehabilitation

Hilo 935-4412

Pediatric Hydrocephalus Foundation

Provides support to families, friends, and children who are diagnosed with Hydrocephalus. www.hydrocephaluskids.org

Statewide 355-8577

Salvation Army

Emergency assistance: food and clothing to persons without resources. Special meals and food bags. Assistance in locating missing persons.

Hilo 935-1277

Kona 326-2330

Sexual Assault Support Services/YWCA Hawaii Island

Free counseling, crisis intervention, prevention, & education for adults and children.

Islandwide Rape/Sexual Assault Crisis Line (24-Hour) 935-0677

Hilo 935-7141

Kona 334-1624

State of Hawaii DHS/Financial Assistance

Hamakua/Kamuela 775-8854

Kohala 889-7141

Ka'u 939-2421

North Hilo 933-0331

North Kona 327-4980

South Hilo 981-2754

South Kona 323-7573

State of Hawaii DOH Counseling Services/Mental Health

Neighbor Island (Toll Free) 1-808-753-6879

Waimea 885-1220

State of Hawaii DOH/Public Health Nursing

Child health guidance including immunizations, developmental screening, and referral, health education, counseling and communicable disease prevention. TB testing.

Hilo 974-6025

Honokaa 775-8844

Kapaa 889-7135

Ka'u/Naalehu 939-2400

Kona 322-1500

Waimea 887-8116

Tutu's House

Community health resource center. Support groups, informational programs, lending library, and Internet access focused on health-related topics. Not a referral or treatment center. www.tutushouse.org

Waimea 885-6777

Email: info@tutushouse.org

EMPLOYMENT AND TRAINING**Alu Like, Inc.**

Services to Hawaiians, information and referrals, employment and training, job counseling and placement, technical assistance and education.

Hilo 961-2625

Big Island Workplace Connection (BIWC)

Provides no cost services for job placement, job readiness workshops, testing, employment counseling and labor market information. Training also available. www.1stop4youths.com

Hilo BIWC 981-2860

Kona BIWC 327-4770

Catholic Charities Hawaii - Immigration and Employment Core Services

Employment preparation and placement, English language classes, and immigration services for newly arrived and economically disadvantaged immigrants.

Hilo 961-7030

Goodwill Industries of Hawaii, Inc.

Provides job readiness training, job developing, job placement and retention services for participants and employers. Serves low-income adults, out of school youth, and people with disabilities. www.higoodwill.org

Hilo Office 961-0307

Hilo Retail Store 961-6427

Kona Office 443-5850

Kona Retail Store 443-5858

Hawaii County Economic Opportunity Council (HCEOC)

Provides employment readiness and job placement and retention services for low-income persons and for immigrants. HCEOC offers services ranging from transportation to educational programs for children and youth.

Main Office 961-2681

HOUSING REFERRAL ASSISTANCE

County of Hawaii/Office of Housing and Community Development

Rental assistance programs.

Hilo 959-4642

Hawaii Public Housing Authority

Public housing projects.

Hilo 933-0474

Fax 933-0479

Home for Recovery

Does not offer substance abuse services.

Drug free housing 934-7852

Fax 935-7894

LEGAL HELP

Hawaii County Prosecuting Attorney's Office

Presentation of criminal cases before the courts.

Hilo 961-0466

Kealahou 322-2552

Hawaii Disability Rights Center

Hawaii's protection and advocacy system for people with disabilities. Hawaii's client assistance program. www.info@hawaiidisabilityrights.org

Honolulu 1-800-882-1057

Hawaii State Child Support Enforcement Agency

Assistance in establishing paternity, child support, and enforcement of support.

www.hawaii.gov/ag/csca

Islandwide 933-0644

Fax 933-0300

Hawaii State Office of the Public Defender

Free defense if charged with a crime punishable by jail and if income qualified.

Hilo 974-4571

Kona 322-1945

Legal Aid Society of Hawaii

Free consultation if income qualified. Uncontested divorces, child custody, senior program.

Hilo 961-2851

Kona 329-3910

Victim Witness Assistance Program

Victim support and counseling.

Hilo 934-3306

Kona 322-2552

Volunteer Legal Services of Hawaii

The only organization in the state whose sole mission is to serve Hawaii's low-income community through volunteer activities.

Honolulu 1-808-528-7046

VETERAN SERVICES

Office of Veterans Services

Providing referral and information for veterans; advocates.

Hilo 933-0315

VA Community Based Outpatient Clinic

Medical services for eligible veterans.

Hilo 935-3781

Kona 329-0774

Veterans Crisis Line 1-800-273-8255

Vet Center

Individual/couple/family counseling, groups, referrals.

Hilo 969-3833

Kona 329-0574

DEAF SERVICES

Department of Human Services

Division of Vocational Rehabilitation & Services for the Blind

Hilo 974-6444

Kona 323-0025

Sprint Relay Service for the Hearing and Speech Impaired

Speech to Speech 711 or 1-877-447-8711

Text (TTY) 711 or 1-877-447-5990

Voice 711 or 1-877-447-5991

OTHER USEFUL SERVICES

ACCESS (24-Hours)

Crisis services and access to adult mental health division services.

Statewide 1-800-753-6879

Aloha United Way 211

Help line for information and referral to community service agencies and programs.

Statewide 211

American Cancer Society

Offers services and referrals for cancer patients and their families, cancer related information, community education, and volunteer opportunities. www.cancer.org

Hilo 935-9763

National 24-Hour Call Center 1-800-227-2345

American Heart Association of Hawaii

Health screening, information and referral, health education, speaker's bureau, stroke information, and training. www.americanheart.org

Hilo 961-2825

American Lung Association of Hawaii

Education to prevent lung disease and promote lung health.

Oahu 1-808-537-5966

American Red Cross

Services to victims of disaster, community education.

Hawaii Island 935-8305

Crime Stoppers

Hilo (Islandwide) 961-8300

F.B.I. (Federal Bureau of Investigation)

Honolulu 1-808-566-4300

Kona 329-5106

Hawaii County Civil Defense

Islandwide 935-0031

After Hours 935-3311

Immigration and Naturalization Services

Hawaii County Office of Immigration 961-8220

USCIS (formerly INS) Toll Free 1-800-375-5283

Kuikahi Mediation Center

Conflict resolution mediations for business, landlord/tenant, real estate, human resources and domestic issues including custody, visitation and divorce.

East Hawaii 935-7844

United State Coast Guard

Search/Rescue Center 933-6934/6943/6944

Or Emergency on Water 1-800-552-6458

United States Federal Marshals Service

Honolulu 1-808-541-3000

United States Secret Service

Honolulu 1-808-541-1912

Visitor Aloha Society of Hawai'i (VASH) Hawaii Island

Assistance to visitors who experience adversity while traveling to Hawaii Island.

Administration 756-0392

Hilo 756-1472

Kona 756-0785

West Hawaii Mediation Center

Kona 326-2666

Waimea 885-5525

2018
“Real Women”
Creative Writing Competition



Sponsored by the
Hawai‘i County
Committee on the Status of Women
Sunday, June 3, 2018
10:30 a.m. - 1:30 p.m.
Nani Mau Gardens
Hilo, Hawaii

“Real Women” Creative Writing Competition

Celebrating National Women’s History Month sets aside a special time each March for schools, work sites, and communities to recognize and celebrate the lives of countless women of all races, ages, cultures, ethnic traditions and ways of life. Women who are honored have participated in history by living out their lives, whether in ways grandly eloquent or steadfastly ordinary, and by so doing have contributed to our shared history.

The “Real Women” Creative Writing Competition is sponsored by the Hawai‘i County Committee on the Status of Women, in collaboration with the University of Hawai‘i at Hilo’s Women’s Center, as part of this Country’s celebration of National Women’s History Month, March 2018.

Through this essay competition, students throughout Hawai‘i County looked at the lives of women they knew in their family or in their community and saw the many ways in which these women contributed to our shared history. Contributing stories were submitted by students islandwide.

As we listen, we will draw inspiration from these stories, and only then will the expectations of females and males match the realities of the world in which we live.

Hawai'i County Committee on the Status of Women

Appointed by: Mayor Harry Kim

Supported by: Office of the Prosecuting Attorney
655 Kilauea Avenue, Hilo, HI 96720
(808) 961-0466

Authorized by: Hawai'i Revised Statutes, Section 367-A

Current Members:	Brooke Derby, Chair	District 9
	Lee-Ann Heely, Vice Chair	District 7
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	Debra Toledo-Ebreo	District 1
	Recording Secretary	
	Farrah-Marie Gomes	District 9
	Corresponding Secretary	
	Mele Spencer	District 3

Annual Projects: Real Women Competitive Writing Competition
Hawai'i Island Services Directory for Families
Teen Dating Violence Prevention
Equal Pay Awareness and Advocacy
Hawai'i Island Women's Leadership Forum

Resources available by contacting us or visiting our sponsored page at -
<http://ywcahawaiiisland.org/what-we-do/teen-dating>

- Hawai'i Island Services Directory for Families
- Cell Phone Safety Cards
- CSW Brochures (will be available soon)

2018 “Real Women” Essay Contest Winners

5th – 6th Grade

1st Place: *“The Aloha Spirit”* by **Abigail Keith**, 5th grader at Waiakea Elementary School, Teacher: Mrs. Hashimoto

2nd Place: *“The Maker of Me”* by **Irie Moreau**, 5th grader at St. Joseph School, Teacher: Mrs. Arima

3rd Place: *“Great Grandmother”* by **Malachi Hoshide**, 5th grader at St. Joseph School, Teacher: Mrs. Arima

Honorable Mention: *“A Heart of Gold to Me”* by **Keola Kalili**, 5th grader at St. Joseph School, Teacher: Mrs. Arima

7th – 8th Grade

1st Place: *“Believer”* by **Isabelle Au**, 8th grader at St. Joseph School, Teacher: Mrs. Chung

2nd Place: *“An Amazing Independent Woman”* by **Kaylia Whittington-Ramirez**, 7th grader at St. Joseph School, Teacher: Mrs. Wehrsig

3rd Place: *“My Hero Denise”* by **Eva Chupity**, 7th grader at St. Joseph School, Teacher: Mrs. Wehrsig

Honorable Mention: *“Real Woman Essay”* by **Hailey Nakamura-Seales**, 8th grader at Waiakea Intermediate School, Teacher: Mr. Solt

9th – 10th Grade

1st Place: *“Real Woman Essay”* by **Neve Sherie Enriquez**, 10th grader at Waiakea High School, Teacher: Mrs. Polloi

2nd Place: *“Real Woman Essay”* by **John Grover**, 10th grader at Waiakea High School, Teacher: Mrs. Polloi

3rd Place: *“Real Woman Essay”* by **Beau Yoeman**, 10th grader at St. Joseph School, Teacher: Dr. Yocum

Honorable Mention: *“My Real Woman”* by **Ella Johnson**, 10th grader at Waiakea High School, Teacher: Mrs. Polloi

11th – 12th Grade

1st Place: *“Pearl in Royal Blue”* by **John Ramos**, 12th grader at Kea`au High School, Teacher: Mrs. Bonner

2nd Place: *“A Priceless Gift”* by **Rachel Goblet**, 11th grader at Kea`au High School, Teacher: Mrs. Bonner

3rd Place: *“Another’s Perspective”* by **Kiana Ettore**, 12th grader at Kea`au High School, Teacher: Mrs. Bonner

Honorable Mention: *“Real Woman Essay”* by **Faith West**, 12th grader at Kea`au High School, Teacher: Mrs. Kay



Abigail Keith

Parents: Ronald & Lisa Keith

Waiakea Elementary School

5th grade

Mrs. Hashimoto

Real Woman: Aloha Rocha

“The Aloha Spirit”

Ahuwale ka po‘okela i kau hana ia ha‘i means, it is through the way you serve others that your greatness will be felt. This saying defines my real woman whose actions speak louder than her words. My real woman is Aloha Rocha. Aloha Rocha is a cardiac nurse who helps save lives every day. She is also my swim coach. Coach Aloha selflessly serves others and this is why she inspires me.

Did you ever think what the world would be like if there were no nurses like Aloha Rocha? Who would educate patients and families about their illness? Who would carry out the doctor’s orders? Who would alert the doctors to what is going on with their patients? Who would be there to support families when they are facing the end of life of a loved one? Who would encourage families when healthcare obstacles occur? Who would give patients pain medicine and baths? Who would sit and laugh with a patient in the middle of the night when they are worried about their upcoming surgery? Aloha does all of that and more! It would be very hard for a hospital to function if nurses like Coach Aloha did not exist!

Coach Aloha inspired me to be my very best and to go the extra mile in all I do. Even when I don’t believe in myself, she believes in me and encourages me through my doubts. In describing Coach Aloha, I would say she is like a freshly baked loaf of French bread. She is tough on the outside, but soft and warm on the inside. No matter what Coach Aloha does, she is a servant leader who leads by example and makes the world she touches a better place.



Irie Moreau

Parents: Ingrid & Ryan Moreau

St. Joseph School

5th grade

Mrs. Arima

Real Woman: Ingrid Moreau

“The Maker of Me”

On December 15, 1975 a woman was born in Guatemala City. This woman's name was Ingrid Maria Lopez. She said that, “Through hard work and determination you can achieve your goals.” This means if you work hard you will achieve what you want to do. When she was 11, she moved to Bakersfield, California. Later, she went to California State University Bakersfield. She graduated with a Chemistry degree and became a teacher.

Years later she got married. Then in June 2005, she had a child who is now my older brother. Two years later on September 8 2007, she had another child, me. While I was young, she stayed home and took care of my brother and me. I feel good that she was able to love and care for me.

Eight months after I was born, my family moved to the Big Island of Hawaii. She became a STARBASE teacher, but she still had time to teach me stuff like how to walk and talk. Later she got a job at St. Joseph School. I had fun while she was my second grade teacher. She was also my Cub scout leader from first through fourth grade.

This is the woman of my life because she did many things for me like being my teacher, Cub Scout leader and mom. Now, she teaches 6th grade at St. Joseph School. I want to have her teach me next year because it was fun having her as my second grade teacher. She can still speak Spanish and sometimes teaches it to me. She has helped me at school with homework and made me who I am. I chose to write about my mom because she has taught me many things and is a loving parent.



Malachi Hoshide

Parent: Roslyn Hoshide Andrade

St. Joseph School

5th grade

Mrs. Arima

Real Woman: Mabel Hoshide

“My Great Grandmother”

A woman that inspires me is Mabel Hoshide. She is my great grandmother. She is currently 89 years old. She was born on November 24, 1928 in Honuapo, Ka‘u. Both her parents worked for the sugar plantation. She attended Na‘alehu School, Ka‘u High School and Hilo High School. During the time that Mabel was in school, World War II was going on. Every student was assigned a gas mask. Her community also had air raid shelters just in case they were attacked. Most of the men were drafted or volunteered to join the military and left to fight the war. The women of the community took on jobs in the sugar fields and factories. In those days it was normal for the women to stay home and care for the house and children while the men went to work. The war period gave women the chance to take on roles in the work force. Ever after the war, women became more active in the business world.

After graduating high school, Mabel attended and graduated from UH Manoa on Oahu. After college, Mabel moved back to Ka‘u and got a job as a teacher at Pahala Elementary. She taught there for 42 years before retiring. Many of her students still remember her to this day. Mabel had four children. After they all graduated college, she moved to Hilo where Mabel still lives today.

Mabel says she is blessed to have 9 grandchildren and 6 great grandchildren. It is because of them that she looks forward to each day with happiness. My great grandma inspires me every day. She is the kindest and most generous person I have ever met. She adores her family and does whatever she can for them. I aspire to be more like her.



Keola Kalili

Parent: Krystal Kalili

St. Joseph School

5th grade

Mrs. Arima

Real Woman: Krystal Kalili

“A Heart of Gold to Me”

The woman in my life that inspires me is my mom, Krystal Kalili. She has taught me to love from the heart, to love all and to never give up in life. She is strict and has high expectations for what I do in school and sports. She's my number one fan and goes to every game.

Krystal was born and raised in Hilo, finished high school on O'ahu, moved back to Hilo and married my dad. My parents tried for years to have children and couldn't, but loved and raised many nieces and nephews. In 2006 they went to a specialist that helped families have babies. It took seven tries to have me. They welcomed me into the world on July 13, 2007.

My mom sacrifices a lot for me. After I was born, she decided to work from home and opened her own daycare, so she could see me more often and to support my dreams. She is the team mom for my baseball team, the secretary for K.K.A.A and supports me with my other sports and Boy Scouts.

My mom has fostered thirty-seven children in the past eight years. She loves them all and has taught them life lessons. She encourages them to better themselves and to make her proud with good choices.

My mom is a strong woman and will do anything for anyone. Since I was young, she knew I struggled with school. We learned that I have a learning disability: dyslexia, I.D, C.A.P and inverted ADHA. I have an awesome team that is created by my mom to work with the D.O.E. She is thankful for St. Joseph in supporting my education and spirituality.

My mom has always told me that God gave women the good rib, to endure everything in life for their family. I'm proud to have a mom like her.



Isabelle Au

Parents: Dean & Janelle Au

8th grade

St. Joseph School

Mrs. Chung

Real Woman: Janelle Au

“Believer”

A mom is more than just a person in your life. Most are creators, protectors, transformers, and lovers. They make us who we are today, change our lives, take away our worries and problems, and most importantly, love us. My mom is my inspiration and my true friend. Her name is Janelle Au.

My mom had a good childhood with her mom, dad and two older brothers in Oahu. After she graduated high school, she moved to Hilo to live with her brother. Soon after, she took a job as a receptionist at a radio station. She later took on more duties including music director, commercial director, business manager, and assistant engineer. After the radio station closed down, she created a small business named Bellies. My mom simultaneously worked full time and went to college. She never gave up, which resulted in her getting a Masters Degree in Counseling Psychology. She managed to take care of my family, go to school and work full time.

My mom is a very important part in my life. When I get frustrated, she helps me get through it. She is a big supporter in gymnastics for my sisters and myself. He pays for us to do the sport, goes to all of our meets and encourages us tremendously. When I am upset and say I can't do something, she always says, "Yet."

My mom is a high school counselor and helps teenagers go to college. She is also there when they need to talk, figure things out, or even just need company. She tries to help everyone in any way she can.

Moms are dominators! They change the world. Moms are heroes! They achieve and stay humble. My mom is a believer! She makes things that seem impossible, possible.



Kayliah Whittington-Ramirez

Parents: Karma Whittington-Ramirez

& Jesse Ramirez

7th Grade

St. Joseph School

Mrs. Wehrsig

Real Woman: Lorraine Davis

“An Amazing Independent Woman”

I know a real woman, as many of you do, but what makes this woman so amazing? This real woman is the COO of the YMCA of Hawai'i Island where they are dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all. She is in charge of several empowering programs, one of which is the Sexual Assault Support Services Program (SASS). She has been at the YMCA of Hawai'i Island for 14 years! She enjoys her job and the impact it has on the community.

When she was younger she was bullied. As she got older she didn't want to be bullied anymore. She treats others as she wants to be treated and lives by the motto “do not harm, always approach others with honor and respect.”

Working for a non-profit and helping others wasn't what she set out to do in life. She went to college and become a chemist! She did this for 20 years, but moved to Hawai'i and found her passion working at the YMCA of Hawai'i Island.

She and her SASS staff help victims of sexual assault every day. Her words to victims when they call the crisis line are that she appreciated they have called, and that it's all going to be okay. It's not their fault and she's sorry that something like this happened to them.

I admire this real woman, whom I lovingly call Aunty Miss Lorraine. She is a strong independent woman in a position to help the community and victims of terrible wrongs. She told me once, “Don't let the world tell you what to be, be who you want to be”.

Thank you Ms. Lorraine Davis for your dedication to empowering women, promoting peace, justice, freedom and dignity for all.



Eva Chupity

Parent: Sylvia Chupity

7th Grade

St. Joseph School

Mrs. Wehrsig

Real Woman: Denise Colgrove

“My Hero Denise”

I know a woman who is very special to me. Her name is Denise Colgrove. Denise is my mom's friend and a veterinarian. My mom met her many years ago in California. Denise used to live in Mexico, but came back to California periodically to pick up supplies for the poor people in that country that didn't have enough money for veterinary care. At times it was dangerous living and working there, for example once she got stung by a scorpion and nearly died.

Denise encourages me in sports, especially swimming. Almost every day she swims. She belongs to a padding club in Hilo and paddles every week. I think she is a great role model because she always inspires me to work my hardest and never give up.

Denise has gone to Africa many times. When she went to Africa last year, she took care of AIDS orphans. This time, she is in Uganda for several months to take care of, and rehabilitate animals in a wildlife rescue center. At this moment she is in Africa with those animals! She writes weekly about her experience with the animals on her online blog. On her blog, she has recently written about a cheetah she took on walks with a leash and played with. She also wrote about a time at the rescue center when she was bitten by an angry chimp.

Overall, I think Denise is a wonderful person. I also think that Denise is tough and a trooper. Even when times are frustrating she keeps her head, and for all these reasons she, in my mind is a real good role model and a real woman. One more thing that makes her even more amazing is that she is 81 years old!



Hailey Nakamura-Seales

Parents: Bryson Nakamura & Haroldeen Seales

8th grade

Waiakea Intermediate School

Mr. Solt

Real Woman: Haroldeen Seales

“Real Woman Essay”

The most inspiring person is my mom because she is loving and caring. When my mom was 8 years old, her mother was severely burned but refused to stay in the hospital, so my mom volunteered to take care of her.

Every morning, my mom woke up at 4:30 a.m to prepare a bath for my grandma. She would clean my grandma's wounds, treat them with the ointment and dress them. My mom would then dress my grandma, administer her medication, and prepare breakfast. Then my mom would walk with her brother to school (Hilo Union Elementary), which is 2 blocks away.

After school, my mom would rush home to give my grandma her bath, clean her wounds, and get her dressed. Then my mom would do her homework, have a snack, have dinner, and clean my grandma's wounds again. To prevent infection, these wounds had to be cleaned three times a day. After a long exhausting day, my mom would fall asleep only to get up the next morning and do it all again.

When my mom became a sophomore at Waiakea High, my great-grandma became extremely ill and, again my mom volunteered to care for her. My mom would schedule my great-grandma's medication, do her grocery shopping, and keep her house tidy. In the midst of this, she even managed to keep good grades.

Today, my mom has four children and is still loving and caring. She works 5-6 days a week, 8-9 hours a day. She makes time to go to church with us on Sunday, makes sure we have clean laundry for the week, puts food on the table, provides a roof over our heads, and supports us in our every endeavor. Her strength of character inspires me every single day.



Neve Sherie Enriquez

Parents: Shelley Cua-Enriquez & Hennrie Enriquez

10th grade

Waiakea High School

Mrs. Polloi

Real Woman: Cresencia Inocencio

“Real Woman Essay”

Many people can identify the key qualities they value in the personalities of others; a diligent mind, a caring heart, a perseverant soul, and countless others. Most of us also have an idea of how we obtained our own defining qualities. I have learned many of my defining qualities from the amazing women who have raised me. Most influential is the guidance I have received from my great-grandmother, Cresencia. She taught me the meaning of hard work, the value of persevering through life's challenges, and the importance of gratefulness.

My great grandmother dealt with many challenges in her journey; starting as a young woman in the Philippines and immigrating to Hawai'i with her family. Life in the Philippines was difficult. As the mother of eight children she struggled to raise her children with limited resources. At one point they lived in a makeshift bamboo house; they would often go hungry when a typhoon would flood out their access to food. To create a better life for her family she decided to immigrate to Hawai'i. However, this was not the end of her struggles, even after arriving in Hawai'i she continued to work labor intensive jobs to establish their new life.

Hearing these stories made me very grateful for the comfortable life I have been blessed with; unlike her, I have never known the feeling of extreme hunger or the absence of a safe home. These stories encouraged me to strive harder in my own life. I too will persevere through life's challenges and pursue things she never could: a higher education and a stable profession. My great grandmother may not have made a significant contribution to the world, but she absolutely made one for me. Her strength gave our family the opportunity to live the life she was once denied.



John Grover

Parents: Micah & Rina Grover

10th grade

Waiakea High School

Mrs. Polloi

Real Woman: Rina Grover

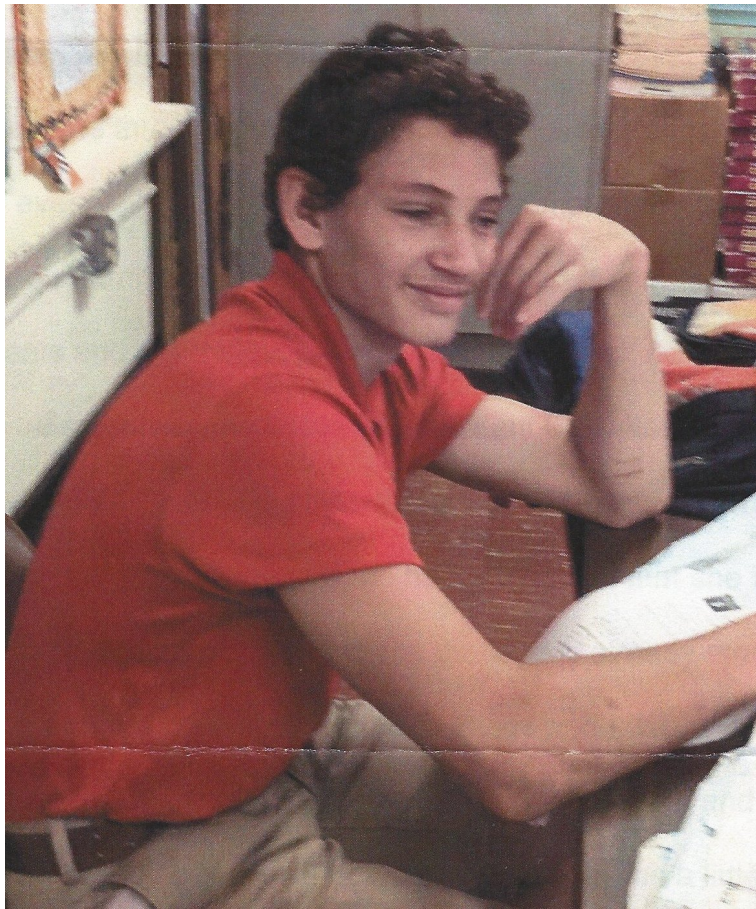
“Real Woman Essay”

A woman who is very influential and inspiring in my life is my mom Rina Grover. My mom was born and raised in Okinawa. There she grew up in a rich culture that values family, character, and food. My mom has been teaching me some of her cultural traits that I wish to have as a part of my identity.

In a world that is moving so fast I sometimes catch myself stressing to keep up with it. Okinawans on the other hand are very calm and easy going people. Whenever I am with my family from Okinawa I find that they enjoy sitting down and laughing about the small things in life. My mom has taught me to slow down and think about the insignificant things that make me happy when I am stressed.

A character trait my mother has taught me is to be humble. My mom never liked to boast about all her different accomplishments, so whenever I start to excel at something she always tells me not to brag about it and be humble. The Okinawan culture really revolves around this idea of not trying to put yourself above anyone, but instead bringing others up. This positive thought process is what makes my mom very friendly and very easy to talk to.

Today in our very hectic world there is so much negativity going around and we need people to push against it. My mom has been changing our world by taking on the role of being a teacher and positive influence on numerous people's lives. These types of women help add favorable traits to our character.



Beau Yoeman

Parents: Mr. & Mrs. Yoeman

10th grade

St. Joseph School

Dr. Yocum

Real Woman: Julia Yoeman

“Real Woman Essay”

My real woman essay is going to be about my sister Julia M. Yoeman. I believe that a woman is not based on age but on the type of character that the person presents to the world. A woman perseveres through good and bad times and doesn't blame someone for their actions, but takes full responsibility and ownership of their actions.

My sister is always messing up with all kinds of stuff whether it's forgetting to feed the dog or maybe accidentally spilling over our dad's coffee. She never blames me for anything. Also she perseveres through our dad grumbling at us for things we forgot to do and when our dad even yells at us because we don't comprehend stuff.

She still cooks dinner every night for our family. Even when I'm being a bad and irritating little brother she still helps me on my tests and still makes me something so I don't go to bed on an empty stomach. She takes care of me to the fullest extent like when she got a huge amount of money that was rightfully all hers she bought me food everyday from the store and sometimes even bought groceries for the house.

The fact that she is only 17 and she has such a selfless heart just proves to me that she is already mentally mature to be classified as a woman. When I used to do bad things and I was very unlikeable person to most people, she didn't shove me away but tried to help me and counsel me to be a better person. All in all she has taken care of me since I was a little toddler in diapers. She is not only a very loving sister but she is also a Real Woman.



Ella Johnson

Parents: Donna Ohora & Tracy Johnson

10th grade

Waiakea High School

Mrs. Polloi

Real Woman: Donna Ohora

“My Real Woman”

“Wonder Woman” surpassed “Iron Man” in box office numbers, reaching a domestic gross of about 412 million dollars! Could this be a sign that society is finally acknowledging the significance of women? Even if it is, Wonder Woman is superhuman, so does this still hold true for “real” women? Well, my mother, Donna Ohora, may not have superhuman abilities; but she is a hero nonetheless.

Her compassion, wisdom, and passion make her far superior to anyone fictional superhero. For these reasons, amazing women like her should be acknowledged for all they contribute to society. She has taught me to fight for what I believe in and to never give up, despite any criticism from others. In addition, her guidance has encouraged me to be more confident and fully commit to going after my dreams, allowing me to better myself as a person, athlete, and student. I really wouldn't be the person same without her.

Women not only shape the minds of future generations but the instigators of change. For example, Rosa Parks was on the very forefront of change when she refused to give her seat up to protest segregation. Women are finally being allowed to show their full potential through equal education and job opportunities, shifting of societal views, and other women to idolize. Still, women are paid about 20% less than men (on average) and there has yet to be a female president of the United States.

Women makeup almost half of the world's population, and are still not properly recognized for their invaluable contributions to society. So the next time your mother drives you to school or a waitress delivers your order, be sure to express the gratitude they deserve.



John Ramos

12th grade

Kea'au High School

Mrs. Bonner

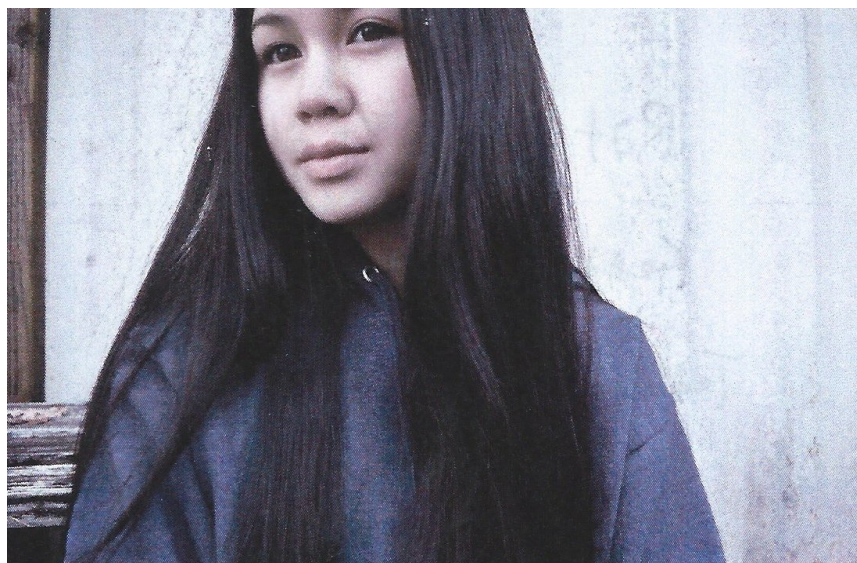
Real Woman: Magdalena Ramos

“Pearl in Royal Blue”

Pearls shine, but not all that shine are pearls. Some pearls come in the form of a beautiful woman standing on a stage with a spotlight. Her smile radiates positivity and emphasizes her unshakeable confidence. She wears a necklace of 105 pearls and a pair of matching earrings. A white satin sash crosses her body with the words “Mutya ng Pilipinas” which means “Jewel of the Philippines”. A crown of pearls sits upon her head complimenting her royal blue Terno dress with broad butterfly shoulders. Beneath her crown, deep in her dark brown eyes is an abyss of sorrow and perseverance.

At the age of four, she witnessed her house burn down leaving only remnants of bricks and a silver teapot. The pictures that covered her walls, the kitchen where her mother said grace, and the stairs where her two sisters chased her up and down every day were nothing but ash in the wind. Five years later, at the age of nine, she wrote a eulogy for her best friend Nina, who suffered from cancer. She never had dreams and wishes because her life was a living nightmare. What she did have was hope and belief in God.

Her hopes and beliefs cast away her burdens and have helped her live up to her promises. “I want to someday start a family and be a paragon of a true woman inspiring and leading others,” she said. Today, she’s a wife to a husband, a caring mother to three, a grandmother to two, a friend to all, and forever will be a pearl of the world. As the saying goes, “The Pearl is the queen of gems and the gem of queens.” That pearl is Magdalena Ramos, my mom.



Rachel Goblet

Parents: Ann Sokalski & Randall Goblet

11th grade

Kea'au High School

Mrs. Bonner

Real Woman: Ann Sokalski

“A Priceless Gift”

The road home was a rough one. On some of the coldest and rainiest days my mother took a break from work to drive me home from school. The potholes and the crevices in the pavement were tremendously horrid to drive over or around. While it was likely that anyone else would be complaining about the conditions of the roads, my mother would tap her fingers on the steering wheel with a wide smile and comment about the beautiful scenery that the forest drive provided us on our way.

My mother's perspective wasn't always so optimistic. There was time in her life when the balance of fairness came into question. My mother's morality scale had been tipped greatly by the loss of her first child. The pain of losing someone so precious is something that not even your worst enemy should have to endure, but unfortunately the incident crossed my mother's path. Despite her great loss, she put a brave foot forward to adopt a child from a closing orphanage in Vietnam; she provided a home for a baby who didn't have one.

My mother's part in my adoption was the greatest gift she could have given me. Growing up by her side and watching her perform miscellaneous acts of kindness like stopping to pick up other people's litter on the side of the roads to just make it a bit nicer has made me look into being more good-natured. I strive to be the best version of myself possible every day, not only to make her proud, but to be someone worthy of having the title of her daughter. This is the least I can do after all she has done and inspired me to be.



Kiana Ettore

Parents: Loo & Anna Ettore

12th grade

Kea'au High School

Mrs. Bonner

Real Woman: Lacey Perdomo

“Another’s Perspective”

Walking into the girl’s locker room every morning and seeing the bright smiles of my coach, Lacey Perdomo, has showed me a new way to look at life. As a young woman herself working at a high school, she has inspired the many girls who have been introduced to her. Every day I got to start my day with shining smiles and full of laughter with Coach Perdomo.

Although there was a great deal of stress upon her with her three other classes and an expected baby on the way, Coach Perdomo looked through the hardships and found a way to overcome the many havocs in her life while working with the young ladies in her classes. She taught us that “being true to yourself and loving yourself in your own way” is one of her goals. She helps us feel the connection through the tones she uses. Her way makes us feel that we can cry on her shoulder and everything will be alright.

There was a time in my life when I had no one but Coach Perdomo to go to. I was not sure if I could go to her, but she noticed that I was not joyful that morning and she pulled me into her office. I had explained to her what was going on and she pulled me close into her arms and she held me for a long while. She wiped my tears with her hands, she gave me the simplest talk to remind me that I am a strong person and I can get through it.

Defeat is something we all must overcome and that was what I learned from Coach Perdomo. I feel no matter how hard the situation I am in, Coach Perdomo can understand and help me in any way possible.



Faith West

Parent: Nathan West

12th grade

Kea'au High School

Mrs. Kay

Real Woman: Karyn Khan

“Real Woman Essay”

After the tragedy of divorce took place between my parents, my household was occupied with nothing but the sound of wind whistling through the trees and a cold, dark emptiness. Though through the darkness, my auntie Karyn stepped up and took me in as her own, shining some light into my life.

As a young child, she was my favorite auntie, always bringing me goodies and taking me shopping, every girls dream. Yet it wasn't until I reached adolescent years that I really began to appreciate her. As life goes on, it gets harder, not easier, and as my life continued on. There were some bumps in the road, such as my parents' divorce. As everyone else around told me to simply “get over it” or “forgive them,” she let me know that it was okay to feel my emotions. Whether that feeling was anger, betrayal, forgiveness, happiness or even resentment, she was right by my side, assuring me that it takes time to forgive and heal.

Being caring doesn't mean you have to do things in epic proportions. She is a real woman to me because no matter where life takes me, she will be right around the corner to embrace me with her loving smile. It's the little things that really make the biggest difference and whether that's inviting me to binge watch movies and eat ice-cream with her when she knows I will be spending a holiday alone, having a baking day, or even just a simple conversation of guidance when I'm overwhelmed. She is kind, caring sympathetic and everything a real woman should be.

Trinh, Calaine

From: Kern, Judy K.

Sent: Tuesday, October 09, 2018 12:08 PM

To: Trinh, Calaine [REDACTED]

Cc: Jabola-Carolus, Khara J [REDACTED]

Subject: RE: FINAL RESCHED: Thursday, Oct. 18, 9a-11a, State Ofc Bldg, 4th Fl Conf Rm & DRAFT AGENDA

Hi Laney,

Sorry for repetition, just confirming that I will be attending a conference in VA next week, and regretfully, unable to attend the Commission meeting.

Khara or Leslie, for my report, may I please ask you to relay two items:

- Mana Wahine hats. Stacey Leong Design, a women-owned local company that has contributed to the Commission in the past, has created a new hat design, Mana Wahine. They will be donating a portion of the proceeds from sales, to HSCSW. I forwarded the info to Khara, who checked w/ DHS legal counsel and is awaiting guidance for what is allowable in the way of promotion (e.g., Facebook or any other communication). The hats are currently in production and are estimated to arrive in early November. Here's the website to take a peek: <https://www.strongertogetherhawaii.com>. I would like to strongly encourage commissioners, as individuals, to share the word about the hats with family and friends. They will make unique, great gifts for the holidays, and support HSCSW.
- Hawaii Sexual and Gender Minority Health Report 2018, <https://health.hawaii.gov/surveillance/files/2018/09/HawaiiSexualandGenderMinorityHealthReport2018.pdf>. This year's report focuses on the health of transgender youth. I hope everyone will read it, not just for the compelling data and statistics, but to see the faces and hear the stories.

Have a great rest of the week!

Mahalo and aloha,

Judy



Current as of 10/17/2018 Wednesday

Women Veterans Panel Discussion & Resource Event

Date: Tuesday, November 27, 2018

Time: 6:00pm - 7:30pm

Location: TBD / **Cost:** FREE

Event Budget: Currently None

Potential Dates: 1st Choice: Tuesday, November 27; 2nd Choice: Monday, November 26

Potential Times: After Work/Early Evening - possibly 5:30pm - 7:00pm or 6:00pm - 7:30pm

Potential Locations: Kaua'i Veterans Center or County of Kaua'i Boards & Commissions meeting room if Committee is willing to co-host & room is available

POTENTIAL PARTNERS

- **Kaua'i Committee on the Status of Women**
 - Co-Host &/or provide lite refreshments & snacks
 - Potentially to provide back-up event location
- **Kaua'i Veterans Council**
 - Main Ask: Event Location; preference is for half of main hall at Kauai Veterans Center &/or side conference room
- **Other potential partners:** KKCR Public Radio, Star Media Kaua'i, Kaua'i Community College - Student Veterans group, Wounded Warrior Project, Democratic Party of Hawai'i Veterans Caucus, Prevent Suicide Kaua'i Task Force

POINTS OF CONTACT

- **Patricia Wistinghausen**
 - KCSW Chair / [REDACTED]
- **Gloria Willingham-Toure'**
 - Village Projects, Founder / [REDACTED]
- **Mary Kay Hertog**
 - KVC Area Commander / [REDACTED]

POTENTIAL SPEAKERS

Speakers are women actively involved in Veterans Advocacy work, are veterans and members of Veterans Organizations.

While the focus of the panel discussion will be on Women Veterans, Women in the Military, and Transitioning to Civilian Life, the main point of the event will be to Highlight Resources Available To All Veterans, especially those resources and community groups here on Kaua'i.

- **Dr. Gloria Willingham-Toure'**

- Founder of the non-profit organization Village Projects (<http://www.villageprojects.net/founder.html>)
- **Lt. Col. Patricia Jackson Kelley**
 - Retired U.S. Army; also an Air Force and Navy Veteran
 - Los Angeles County Veterans Advisory Commissioner
 - Member of the Board of Directors of the Foundation for Women Warriors
 - Active Member of the American Legion
 - National Vice-President of Operations for the National Association of Black Military Women
 - Served as a Member of a National VA Advisory Committee during President Obama's Administration
 - Brings proactive information about points of contacts for Military Resources, vast knowledge of VA Resources and how to access benefits.
- **Karen Weaver**
 - U.S. Army Veteran
 - Knowledgeable about issues faced by Women Veterans Transitioning to Civilian Life; particularly addressing the experience of Homelessness and how Sister Vets can assist in referring fellow vets to sometimes unknown resources.
 - Karen has been a leader in U.S. Vets and brings compassionate leadership to the forefront of discussions about Veterans transitioning to Civilian life and beyond.
 - *These three women will be flying in from California for Thanksgiving vacation on Kaua'i. Patricia met and heard Dr. Gloria speak at the National Association for Commissions on Women Conference in Los Angeles; so discussed putting together an event to get Women Veterans and all service members together in general, to learn about available resources and how to access them.*
- **Major General Mary Kay Hertog**
 - Retired U.S. Air Force Veteran, [Link to Bio](#)
 - Former Director of the Sexual Assault Prevention and Response Office (SAPRO) for USAF. SAPRO is the Department of Defense's single point of accountability for all sexual assault policy matters and reports to the Office of the Under Secretary of Defense for Personnel and Readiness.
 - Served as Director of Security Forces, Headquarters U.S. Air Force, Washington, D.C. She is the focal point for force protection within the Air Force and is responsible for planning and programming the security for more than 30,000 active-duty and Reserve components' security forces at locations worldwide. She provides policy and oversight for protecting Air Force installations from terrorism, criminal acts, sabotage and acts of war, and she ensures security forces are trained, equipped and ready to support contingency and exercise plans. [Link](#)
- **Additional Kaua'i-based Women Veterans:** Kimberly? Kelly Capuano WWP?
- **Congresswoman Tulsi Gabbard**
 - **Any other ideas for speakers/discussion panel??**

RESOURCE PARTNERS

- Service Providers, Community Organizations who can help promote the event, raise awareness about resources for Veterans and their families (locally, statewide and federal resources), and have a resource table/provide materials:
 - Wounded Warrior Project, Office of Veterans Affairs, Vet Center
 - Kaua'i Vet Center, Kaua'i Veterans Council & Leagues
 - Prevent Suicide Kaua'i Task Force, KCC Student Veterans group
 - Kaua'i Committee on the Status of Women
- Resource partners can share tables as needed

MEDIA PARTNERS

- To help get the word out about the event & resources available for veterans & their families
 - RADIO: KKCR Public Radio, KONG, Star Media Kaua'i
 - NEWSPAPERS (Online & Print): The Garden Island, For Kaua'i, MidWeek
 - Social Media: What's Happening Kaua'i, Kaua'i Voice
 - TV: Ho'iike

PROPOSED TIMELINE

4:30pm	SET-UP <ul style="list-style-type: none">- (2) Tables & (7) Chairs for Panel Speakers + Moderator/Emcee- (6) Tables & (12) Chairs for Resource Partners- Sound Equipment: Microphones, wires, speakers, extension cord, etc.- Table cloths, refreshments/snacks- Sign In Table? With Leis &/or Program?- Chairs for persons in attendance
5:00pm	Continue Set-Up; Resource partners arrive to set-up
5:30pm	Doors Open, Welcome & Greet Speakers & Participants Informal Talk Story & Visit Resource Tables
6:00pm	Program Begins. Blessing & Welcome. Opening Speaker &/or allow each Resource Partner time to share info on mic
6:15pm	Panel Discussion: Introduction of Speakers and list of questions (40 min.)
6:55pm	Q & A from people present (20 min.)
7:15pm	Mahalo Everyone, any partners, etc. Talk story.
7:30pm	Program Ends. Clean-up.